

# Menu Calendar Report - September, 2018

Generated on: 9/6/2018 4:22:31 PM by justin wiley

Site: ALL  
 Meal Type: Breakfast  
 Site Group: Taste4  
 Menu Line: BRKFST-Café Classics

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Sep</b>	<b>4 Sep</b>	<b>5 Sep</b>	<b>6 Sep</b>	<b>7 Sep</b>
Sausage and Cheese Croissant (35.00 g)	Bacon, Egg, & Cheese English Muffin (29.00 g)	Bacon, Egg & Cheese Flatbread (30.00 g)	Egg & Cheese Biscuit (28.00 g)	Bacon, Egg & Cheese Flatbread (30.00 g)
Mild Cheddar String Cheese (1.00 g)	Strawberry Banana Smoothie (47.10 g)	Pork Sausage Patty (1.00 g)	Mild Cheddar String Cheese (1.00 g)	Egg & Sausage Flatbread (31.00 g)
String Cheese (1.00 g)	Raspberry Rainbow Yogurt (15.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese (1.00 g)	Caramel Coffee Cooler (31.64 g)
Apple Jacks Cereal (24.00 g)	Strawberry Banana Bash Yogurt (20.00 g)	Cheerios Cereal (20.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Cheerios Cereal (20.00 g)	Triple Cherry Yogurt (20.00 g)	Chocolate Crescent (37.00 g)	Cheerios Cereal (20.00 g)	Cheerios Cereal (20.00 g)
Cinnamon Toast Crunch Cereal (22.00 g)	Apple Jacks Cereal (24.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Chocolate Mini Donuts (41.00 g)	Cherry Frudel Stick (37.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios Cereal (20.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Chocolate Mini Donuts (41.00 g)
Cocoa Puffs Cereal (25.00 g)	Chocolate Mini Donuts (41.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Froot Loops (24.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Fluffy Pancakes (27.33 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Frosted Flakes Cereal (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Frosted Mini Wheats (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Frosted Flakes Cereal (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Homemade Blueberry Muffin (53.50 g)	Froot Loops (24.00 g)	Honey Nut Chex (27.90 g)	Frosted Flakes Cereal (24.00 g)	Froot Loops (24.00 g)
Honey Nut Chex (27.90 g)	Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Flakes Cereal (24.00 g)
Lucky Charms (23.00 g)	Frosted Mini Wheats (24.00 g)	Reese's Puffs (21.00 g)	Honey Nut Chex (27.90 g)	Graham Crackers (16.00 g)
Reese's Puffs (21.00 g)	Honey Nut Chex (27.90 g)	Rice Krispies Cereal (23.29 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Rice Chex Cereal (24.00 g)	Lucky Charms (23.00 g)	Self-Service Belgium Waffle (44.71 g)	Powdered Mini Donuts (41.02 g)	Lucky Charms (23.00 g)
Rice Krispies Cereal (23.29 g)	Powdered Mini Donuts (41.02 g)	Trix Cereal (24.00 g)	Reese's Puffs (21.00 g)	Powdered Mini Donuts (41.02 g)
Self-Service Belgium Waffle (44.71 g)	Reese's Puffs (21.00 g)	Trix Cereal Bar (30.00 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)
Toasted Bagel with Cream Cheese (37.28 g)	Rice Chex Cereal (24.00 g)	Whole Wheat Toast (16.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)
Trix Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)	Apple (13.95 g)	Self-Service Belgium Waffle (44.71 g)	Self-Service Belgium Waffle (44.71 g)
Trix Cereal Bar (30.00 g)	Self-Service Belgium Waffle (44.71 g)	Applesauce (14.38 g)	Trix Cereal (24.00 g)	Trix Cereal (24.00 g)
Apple (13.95 g)	Trix Cereal (24.00 g)	Banana (26.95 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Banana (26.95 g)	Trix Cereal Bar (30.00 g)	Fresh Whole Oranges (11.28 g)	Apple (13.95 g)	Apple (13.95 g)
Fresh Whole Oranges (11.28 g)	Whole Grain Fruit Muffin (30.50 g)	Red Seedless Grapes (16.42 g)	Banana (26.95 g)	Banana (26.95 g)
Pineapple Tidbits (19.84 g)	Apple (13.95 g)	Tropicana Apple Juice (14.00 g)	Diced Peaches (15.24 g)	Fresh Whole Oranges (11.28 g)
Tropicana Apple Juice (14.00 g)	Banana (26.95 g)	Tropicana Orange Juice (14.00 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (17.33 g)
Tropicana Orange Juice (14.00 g)	Diced Bartlett Pears (12.75 g)	Tropicana Strawberry Kiwi Juice (15.00 g)	Strawberries (6.87 g)	Tropicana Apple Juice (14.00 g)
Tropicana Strawberry Kiwi Juice (15.00 g)	Fresh Whole Oranges (11.28 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	Tropicana Orange Juice (14.00 g)
1% Milk (13.00 g)	Mandarin Oranges (14.84 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Tropicana Strawberry Kiwi Juice (15.00 g)
Chocolate Skim Milk (20.00 g)	Tropicana Apple Juice (14.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)	1% Milk (13.00 g)
Skim Milk (13.00 g)	Tropicana Orange Juice (14.00 g)	Smuckers Grape Jelly Packet (8.89 g)		Chocolate Skim Milk (20.00 g)
	Tropicana Strawberry Kiwi Juice (15.00 g)	Strawberry Jelly (9.00 g)		Skim Milk (13.00 g)
	1% Milk (13.00 g)			
	Chocolate Skim Milk (20.00 g)			
	Skim Milk (13.00 g)			

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>10 Sep</b>	<b>11 Sep</b>	<b>12 Sep</b>	<b>13 Sep</b>	<b>14 Sep</b>
Ham & Cheese English Muffin (28.50 g) Mild Cheddar String Cheese (1.00 g) String Cheese (1.00 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g) Cinnamon Toast Crunch Cereal (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Flakes Cereal (24.00 g) Frosted Mini Wheats (24.00 g) Homemade Blueberry Muffin (53.50 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (24.00 g) Rice Krispies Cereal (23.29 g) Self-Service Belgium Waffle (44.71 g) Toasted Bagel with Cream Cheese (37.28 g) Trix Cereal (24.00 g) Trix Cereal Bar (30.00 g) Apple (13.95 g) Banana (26.95 g) Blueberries (12.58 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (19.84 g) Tropicana Apple Juice (14.00 g) Tropicana Orange Juice (14.00 g) Tropicana Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Breakfast on a Stick (17.84 g) Dreamy Peach Smoothie (34.72 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Flakes Cereal (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Powdered Mini Donuts (41.02 g) Reese's Puffs (21.00 g) Rice Chex Cereal (24.00 g) Rice Krispies Cereal (23.29 g) Self-Service Belgium Waffle (44.71 g) Trix Cereal (24.00 g) Trix Cereal Bar (30.00 g) Whole Grain Fruit Muffin (30.50 g) Whole Wheat Toast (16.00 g) Apple (13.95 g) Banana (26.95 g) Diced Peaches (15.24 g) Fresh Whole Oranges (11.28 g) Strawberries (6.87 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Egg & Cheese Biscuit (28.00 g) Strawberry Fields Parfait (65.34 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g) Cinnamon Toast Crunch Cereal (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Flakes Cereal (24.00 g) Graham Crackers (16.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Reese's Puffs (21.00 g) Rice Krispies Cereal (23.29 g) Self-Service Belgium Waffle (44.71 g) Trix Cereal (24.00 g) Trix Cereal Bar (30.00 g) Warm Cinnamon Roll (38.90 g) Apple (13.95 g) Banana (26.95 g) Cinnamon Applesauce (15.95 g) Fresh Whole Oranges (11.28 g) Tropicana Apple Juice (14.00 g) Tropicana Orange Juice (14.00 g) Tropicana Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Cheesy Eggs Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (20.00 g) Triple Cherry Yogurt (20.00 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal (22.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) French Toast BeneFIT Bar (48.00 g) French Toast Sticks (27.90 g) Froot Loops (24.00 g) Frosted Flakes Cereal (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Powdered Mini Donuts (41.02 g) Reese's Puffs (21.00 g) Rice Krispies Cereal (23.29 g) Self-Service Belgium Waffle (44.71 g) Trix Cereal (24.00 g) Trix Cereal Bar (30.00 g) Apple (13.95 g) Banana (26.95 g) Diced Peaches (15.24 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (17.33 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Bacon, Egg & Gravy Flatbread (33.53 g) Ham & Cheese Flatbread (29.50 g) Caramel Coffee Cooler (31.64 g) Mild Cheddar String Cheese (1.00 g) String Cheese (1.00 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Flakes Cereal (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Powdered Mini Donuts (41.02 g) Reese's Puffs (21.00 g) Rice Krispies Cereal (23.29 g) Self-Service Belgium Waffle (44.71 g) Trix Cereal (24.00 g) Trix Cereal Bar (30.00 g) Apple (13.95 g) Banana (26.95 g) Diced Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Tropicana Apple Juice (14.00 g) Tropicana Orange Juice (14.00 g) Tropicana Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)
<b>17 Sep</b>	<b>18 Sep</b>	<b>19 Sep</b>	<b>20 Sep</b>	<b>21 Sep</b>
Bacon, Egg, & Cheese Croissant (35.00 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g) Chocolate Crescent (37.00 g)	Sausage & Cheese English Muffin (29.00 g) Fruit Samurai Smoothie (32.37 g) Apple Jacks Cereal (24.00 g) Cheerios Cereal (20.00 g)	Blueberry Patch Parfait (41.46 g) Cheesy Egg Patty (1.00 g) Mild Cheddar String Cheese (1.00 g) String Cheese (1.00 g)	Breakfast Burrito (54.09 g) Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (20.00 g) Triple Cherry Yogurt (20.00 g)	Egg & Cheese Flatbread (30.00 g) Sausage, Egg & Cheese Flatbread (31.00 g) Caramel Coffee Cooler (31.64 g)

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17 Sep	18 Sep	19 Sep	20 Sep	21 Sep
Cinnamon Toast Crunch Cereal (22.00 g)	Chocolate Mini Donuts (41.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Mild Cheddar String Cheese (1.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Baked Biscuit (27.00 g)	Cheerios Cereal (20.00 g)	String Cheese (1.00 g)
Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios Cereal (20.00 g)	Chocolate Mini Donuts (41.00 g)	Apple Jacks Cereal (24.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Cheerios Cereal (20.00 g)
Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Chocolate Mini Donuts (41.00 g)
Frosted Flakes Cereal (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)
Frosted Mini Wheats (24.00 g)	Frosted Flakes Cereal (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Graham Crackers (16.00 g)	Honey Nut Chex (27.90 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)
Homemade Apple Cinnamon Muffin (54.67 g)	Lucky Charms (23.00 g)	Frosted Flakes Cereal (24.00 g)	Frosted Flakes Cereal (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Honey Nut Chex (27.90 g)	Powdered Mini Donuts (41.02 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Froot Loops (24.00 g)
Lucky Charms (23.00 g)	Reese's Puffs (21.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Frosted Flakes Cereal (24.00 g)
Reese's Puffs (21.00 g)	Self-Service Belgium Waffle (44.71 g)	Mini Cinnis (39.00 g)	Powdered Mini Donuts (41.02 g)	Honey Nut Chex (27.90 g)
Rice Chex Cereal (24.00 g)	Trix Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)	Reese's Puffs (21.00 g)	Lucky Charms (23.00 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal Bar (30.00 g)	Self-Service Belgium Waffle (44.71 g)	Rice Krispies Cereal (23.29 g)	Powdered Mini Donuts (41.02 g)
Self-Service Belgium Waffle (44.71 g)	Whole Grain Fruit Muffin (30.50 g)	Trix Cereal (24.00 g)	Self-Service Belgium Waffle (44.71 g)	Reese's Puffs (21.00 g)
Trix Cereal (24.00 g)	Whole Wheat Toast (16.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)
Trix Cereal Bar (30.00 g)	Apple (13.95 g)	Apple (13.95 g)	Trix Cereal Bar (30.00 g)	Self-Service Belgium Waffle (44.71 g)
Apple (13.95 g)	Banana (26.95 g)	Applesauce (14.38 g)	Apple (13.95 g)	Trix Cereal (24.00 g)
Banana (26.95 g)	Blueberries (12.58 g)	Banana (26.95 g)	Banana (26.95 g)	Trix Cereal Bar (30.00 g)
Fresh Whole Oranges (11.28 g)	Diced Bartlett Pears (12.75 g)	Fresh Whole Oranges (11.28 g)	Diced Peaches (15.24 g)	Apple (13.95 g)
Mandarin Oranges (14.84 g)	Fresh Whole Oranges (11.28 g)	Red Seedless Grapes (16.42 g)	Fresh Whole Oranges (11.28 g)	Banana (26.95 g)
Tropicana Apple Juice (14.00 g)	1% Milk (13.00 g)	Tropicana Apple Juice (14.00 g)	Strawberries (6.87 g)	Fresh Whole Oranges (11.28 g)
Tropicana Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	Tropicana Orange Juice (14.00 g)	1% Milk (13.00 g)	Mixed Fruit (17.33 g)
Tropicana Strawberry Kiwi Juice (15.00 g)	Skim Milk (13.00 g)	Tropicana Strawberry Kiwi Juice (15.00 g)	Chocolate Skim Milk (20.00 g)	Tropicana Apple Juice (14.00 g)
1% Milk (13.00 g)	Margarine Cup	1% Milk (13.00 g)	Skim Milk (13.00 g)	Tropicana Orange Juice (14.00 g)
Chocolate Skim Milk (20.00 g)	Smuckers Grape Jelly Packet (8.89 g)	Chocolate Skim Milk (20.00 g)		Tropicana Strawberry Kiwi Juice (15.00 g)
Skim Milk (13.00 g)	Strawberry Jelly (9.00 g)	Skim Milk (13.00 g)		1% Milk (13.00 g)
				Chocolate Skim Milk (20.00 g)
				Skim Milk (13.00 g)
24 Sep	25 Sep	26 Sep	27 Sep	28 Sep
Sausage and Cheese Croissant (35.00 g)	Bacon, Egg, & Cheese English Muffin (29.00 g)	Double Berry Breakfast Parfait (53.40 g)	Breakfast Tot-Chos (46.87 g)	Bacon, Egg & Gravy Flatbread (33.53 g)
Mild Cheddar String Cheese (1.00 g)	Strawberry Banana Smoothie (47.10 g)	Pork Sausage Patty (1.00 g)	Raspberry Rainbow Yogurt (15.00 g)	Ham & Cheese Flatbread (29.50 g)
String Cheese (1.00 g)	Raspberry Rainbow Yogurt (15.00 g)	Apple Jacks Cereal (24.00 g)	Strawberry Banana Bash Yogurt (20.00 g)	Caramel Coffee Cooler (31.64 g)
Apple Jacks Cereal (24.00 g)	Strawberry Banana Bash Yogurt (20.00 g)	Biscuit & Country Gravy (31.86 g)	Triple Cherry Yogurt (20.00 g)	Mild Cheddar String Cheese (1.00 g)
Cheerios Cereal (20.00 g)	Triple Cherry Yogurt (20.00 g)	Cheerios Cereal (20.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese (1.00 g)
Cinnamon Toast Crunch Cereal (22.00 g)	Apple Jacks Cereal (24.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Cheerios Cereal (20.00 g)	Apple Jacks Cereal (24.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios Cereal (20.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Chocolate Mini Donuts (41.00 g)	Cheerios Cereal (20.00 g)
Cocoa Puffs Cereal (25.00 g)	Chocolate Mini Donuts (41.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Chocolate Mini Donuts (41.00 g)

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24 Sep	25 Sep	26 Sep	27 Sep	28 Sep
Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal (22.00 g)
Froot Loops (24.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Frosted Flakes Cereal (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Frosted Flakes Cereal (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Frosted Mini Wheats (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Honey Nut Chex (27.90 g)	French Toast Benefit Bar (48.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Homemade Blueberry Muffin (53.50 g)	Froot Loops (24.00 g)	Lucky Charms (23.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)
Honey Nut Chex (27.90 g)	Frosted Flakes Cereal (24.00 g)	Mini Blueberry Waffles (35.00 g)	Frosted Flakes Cereal (24.00 g)	Frosted Flakes Cereal (24.00 g)
Lucky Charms (23.00 g)	Frosted Mini Wheats (24.00 g)	Reese's Puffs (21.00 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)
Reese's Puffs (21.00 g)	Honey Nut Chex (27.90 g)	Rice Krispies Cereal (23.29 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)
Rice Chex Cereal (24.00 g)	Lucky Charms (23.00 g)	Self-Service Belgium Waffle (44.71 g)	Powdered Mini Donuts (41.02 g)	Powdered Mini Donuts (41.02 g)
Rice Krispies Cereal (23.29 g)	Powdered Mini Donuts (41.02 g)	Trix Cereal (24.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)
Self-Service Belgium Waffle (44.71 g)	Reese's Puffs (21.00 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)
Toasted Bagel with Cream Cheese (37.28 g)	Rice Chex Cereal (24.00 g)	Warm Cinnamon Roll (38.90 g)	Self-Service Belgium Waffle (44.71 g)	Self-Service Belgium Waffle (44.71 g)
Trix Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)	Whole Wheat Toast (16.00 g)	Trix Cereal (24.00 g)	Trix Cereal (24.00 g)
Trix Cereal Bar (30.00 g)	Self-Service Belgium Waffle (44.71 g)	Apple (13.95 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Apple (13.95 g)	Trix Cereal (24.00 g)	Banana (26.95 g)	Apple (13.95 g)	Apple (13.95 g)
Banana (26.95 g)	Trix Cereal Bar (30.00 g)	Cinnamon Applesauce (15.95 g)	Banana (26.95 g)	Banana (26.95 g)
Cinnamon Swirled Apple (10.78 g)	Whole Grain Fruit Muffin (30.50 g)	Fresh Whole Oranges (11.28 g)	Diced Peaches (15.24 g)	Diced Bartlett Pears (12.75 g)
Fresh Whole Oranges (11.28 g)	Apple (13.95 g)	Tropicana Apple Juice (14.00 g)	Fresh Whole Oranges (11.28 g)	Fresh Whole Oranges (11.28 g)
Pineapple Tidbits (19.84 g)	Banana (26.95 g)	Tropicana Orange Juice (14.00 g)	Mixed Fruit (17.33 g)	Tropicana Apple Juice (14.00 g)
Tropicana Apple Juice (14.00 g)	Diced Peaches (15.24 g)	Tropicana Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Tropicana Orange Juice (14.00 g)
Tropicana Orange Juice (14.00 g)	Fresh Whole Oranges (11.28 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Tropicana Strawberry Kiwi Juice (15.00 g)
Tropicana Strawberry Kiwi Juice (15.00 g)	Strawberries (6.87 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	1% Milk (13.00 g)
1% Milk (13.00 g)	1% Milk (13.00 g)	Skim Milk (13.00 g)		Chocolate Skim Milk (20.00 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)			Skim Milk (13.00 g)
Skim Milk (13.00 g)	Skim Milk (13.00 g)			
<b>1 Oct</b>	<b>2 Oct</b>	<b>3 Oct</b>	<b>4 Oct</b>	<b>5 Oct</b>

Carbohydrate values in grams follow the Menu Item name