

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 1 Day 5 November - ServingDate: 12/01/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Boneless Wing Action Station - NER1316 (1 ea.)	0	463.54	12.44	2.65	1294.41	57.10	25.69
Flavorful Vegetable Pasta - NER1118 (1/2 c.)	0	123.62	3.03	1.43	354.99	18.53	5.86
Watermelon - SR1299 (1/2 c.)	0	45.36	0.23	0.02	1.51	11.41	0.92
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Pinto Beans - SR1032 (1 #8 scoop)	0	115.27	0.00	0.00	161.38	20.75	6.92
Scalloped Potatoes - NER1056 (1/2 c.)	0	105.30	2.70	0.41	396.23	18.63	1.62
Fresh Spinach - NER1031 (1/2 c.)	0	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00

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<b>SY 17-18 Fall DYK Explore Week 1 Day 5 November - ServingDate: 12/01/2017</b>							
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 2 Day 1 - ServingDate: 12/04/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
BYO Nachos - NER1067 (1 ea.)	0	590.44	27.95	10.63	1391.01	51.78	29.48
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 2 Day 1 - ServingDate: 12/04/2017</b>							
Pineapple & Cucumber Salad - SR1462 (1/2 c.)	0	43.51	0.09	0.02	62.09	11.18	0.52
Red Seedless Grapes - SR1496 (1/2 c.)	0	62.60	0.14	0.05	1.81	16.42	0.65
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Fajita Blend - NER1283 (1/2 c.)	0	16.67	0.00	0.00	6.67	3.33	0.67
Cheesy Hash Brown Casserole - NER1054 (1/2 c.)	0	269.94	10.17	4.01	278.12	35.64	7.63
Hummus - NER1221 (1/2 c.)	0	280.00	16.00	2.00	640.00	28.00	12.00
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00

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<b>SY 17-18 Fall DYK Explore Week 2 Day 1 - ServingDate: 12/04/2017</b>							
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 2 Day 2 - ServingDate: 12/05/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
BYO Nachos - NER1067 (1 ea.)	0	590.44	27.95	10.63	1391.01	51.78	29.48
Crispy Peach Crisp - NER1048 (1/2 c.)	0	136.71	0.61	0.08	13.24	32.49	1.11
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
use SR1161 - Apple - NER1343 (1 ea.)	0	53.00	0.17	0.03	1.00	13.95	0.26
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16

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<b>SY 17-18 Fall DYK Explore Week 2 Day 2 - Serving Date: 12/05/2017</b>							
Steamed Broccoli - SR1028 (1/2 c.)	0	25.40	0.11	0.02	9.98	4.85	2.81
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Potato Roasters - SR1401 (1/2 c.)	0	142.70	3.57	0.51	163.09	25.48	2.04
Tomato Wedge - NER1068 (1/2 c.)	0	19.00	0.20	0.00	5.00	3.90	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Green Pepper Strips - SR1658 (1/4 cup strips)	0	6.17	0.05	0.02	0.93	1.43	0.27
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00

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<b>SY 17-18 Fall DYK Explore Week 2 Day 2 - ServingDate: 12/05/2017</b>							
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 2 Day 3 - ServingDate: 12/06/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
BYO Nachos - NER1067 (1 ea.)	0	590.44	27.95	10.63	1391.01	51.78	29.48
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
California Blend w/Cheese - NER1063 (1/2 c.)	0	358.57	25.95	14.44	1042.18	10.17	20.61
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Garlic Whipped Potatoes - NER1244 (1/2 c.)	0	116.91	1.54	1.02	121.44	22.46	2.29
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53

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<b>SY 17-18 Fall DYK Explore Week 2 Day 3 - ServingDate: 12/06/2017</b>							
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Green Pepper Strips - SR1658 (1/4 cup strips)	0	6.17	0.05	0.02	0.93	1.43	0.27
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00

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<b>SY 17-18 Fall DYK Explore Week 2 Day 3 - ServingDate: 12/06/2017</b>							
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 2 Day 4 - ServingDate: 12/07/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
BYO Nachos - NER1067 (1 ea.)	0	590.44	27.95	10.63	1391.01	51.78	29.48
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	0	53.00	0.17	0.03	1.00	13.95	0.26
Cajun Style Beans - NER1070 (1/2 c.)	0	180.48	1.60	0.23	262.39	30.92	9.54
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Oven Fries - NER1205 (1/2 c.)	0	99.10	3.43	0.00	121.97	16.77	1.52
Creamy Tomato & Cucumber Salad - NER1234 (4 oz.)	0	30.06	0.54	0.26	52.02	5.60	1.45
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00



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<b>SY 17-18 Fall DYK Explore Week 2 Day 4 - ServingDate: 12/07/2017</b>							
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 2 Day 4 - ServingDate: 12/07/2017</b>							
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 2 Day 5 - ServingDate: 12/08/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
BYO Nachos - NER1067 (1 ea.)	0	590.44	27.95	10.63	1391.01	51.78	29.48
Watermelon - SR1299 (1/2 c.)	0	45.36	0.23	0.02	1.51	11.41	0.92
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Garden Beets - NER1060 (1/2 c.)	0	1.03	0.00	0.00	3.85	0.26	0.00
Atomic Cauliflower - NER1248 (1/2 c.)	0	53.01	3.72	0.40	72.01	4.45	1.51
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Chickpeas - NER1245 (1/2 c.)	0	130.00	2.00	0.00	440.00	22.00	5.00
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Scalloped Potatoes - NER1056 (1/2 c.)	0	105.30	2.70	0.41	396.23	18.63	1.62
Broccoli Raisin Salad - NER1064 (1/2 c.)	0	151.97	5.09	0.72	213.12	25.51	3.20
Stir Fry Blend - NER1242 (1/2 c.)	0	25.00	0.00	0.00	10.00	6.00	0.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 2 Day 5 - Serving Date: 12/08/2017</b>							
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 1 November - ServingDate: 12/11/2017</b>							
Chinese Bar Creation Station - NER1120 (1 ea.)	0	528.24	19.57	4.50	1016.05	63.31	22.69
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Red Seedless Grapes - SR1496 (1/2 c.)	0	62.60	0.14	0.05	1.81	16.42	0.65
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Pinto Beans - SR1032 (1 #8 scoop)	0	115.27	0.00	0.00	161.38	20.75	6.92
Au Gratin Potatoes - NER1051 (1/2 c.)	0	239.29	5.12	0.87	1204.60	44.00	4.00
Fresh Spinach - NER1031 (1/2 c.)	0	21.00	0.27	0.03	55.30	2.54	2.00
Fresh Steamed Carrots - NER1282 (1/2 c.)	0	25.38	0.09	0.02	56.55	5.97	0.46
Tomato Wedge - NER1068 (1/2 c.)	0	19.00	0.20	0.00	5.00	3.90	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 1 November - ServingDate: 12/11/2017</b>							
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 3 Day 2 November - ServingDate: 12/12/2017</b>							
Chinese Bar Creation Station - NER1120 (1 ea.)	0	528.24	19.57	4.50	1016.05	63.31	22.69
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Mandarin Oranges - SR1557 (1/2 c.)	0	99.92	0.16	0.02	9.83	26.52	0.74

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 2 November - ServingDate: 12/12/2017</b>							
use SR1161 - Apple - NER1343 (1 ea.)	0	53.00	0.17	0.03	1.00	13.95	0.26
use SR1492 - Cinnamon Apples - SR1256 (1/2 c.)	0	52.77	0.00	0.00	10.43	12.73	0.01
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	37.71	4.47	1.03
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Tater Tots - NER1262 (1/2 c.)	0	129.77	5.99	1.00	309.45	15.97	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Diced Red Onion - SR1447 (2 tbsp.)	0	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 2 November - ServingDate: 12/12/2017</b>							
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 3 Day 3 November - ServingDate: 12/13/2017</b>							
Chinese Bar Creation Station - NER1120 (1 ea.)	0	528.24	19.57	4.50	1016.05	63.31	22.69
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Applesauce - SR1195 (1/2 c.)	0	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 3 November - ServingDate: 12/13/2017</b>							
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Carolina Coleslaw - NER1171 (1/3 c.)	0	94.74	4.80	0.69	193.46	12.03	0.84
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Italian Whipped Potatoes - NER1243 (1/2 c.)	0	111.89	1.53	1.02	120.53	21.36	2.03
Jicama Sticks - SR1042 (1/2 cup strips)	0	24.70	0.06	0.01	2.60	5.73	0.47
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00



# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 3 November - ServingDate: 12/13/2017</b>							
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 3 Day 4 November - ServingDate: 12/14/2017</b>							
Chinese Bar Creation Station - NER1120 (1 ea.)	0	528.24	19.57	4.50	1016.05	63.31	22.69
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Flavorful Vegetable Pasta - NER1118 (1/2 c.)	0	123.62	3.03	1.43	354.99	18.53	5.86
Honeydew Melon Cubes - SR1365 (1/2 c.)	0	57.60	0.22	0.06	28.80	14.54	0.86

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 4 November - ServingDate: 12/14/2017</b>							
Pineapple Tidbits - SR1495 (1/2 c.)	0	71.56	0.10	0.01	1.19	18.73	0.50
Baked Potato - NER1223 (1/2 ea.)	0	96.94	7.05	0.62	8.00	7.86	0.84
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 4 November - ServingDate: 12/14/2017</b>							
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 3 Day 5 November - ServingDate: 12/15/2017</b>							
Chinese Bar Creation Station - NER1120 (1 ea.)	0	528.24	19.57	4.50	1016.05	63.31	22.69
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Cherry Jell-O - NER1154 (1/2 c.)	0	76.04	0.00	0.00	46.95	17.36	0.70
Lemon Wedges - NER1263 (1/2 c.)	0	24.00	0.20	0.00	1.00	5.40	0.60
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Cheese Smothered Refried Beans - NER1192 (1/2 c.)	0	187.69	7.54	3.08	440.77	20.00	10.31

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 5 November - ServingDate: 12/15/2017</b>							
Steamed Broccoli - SR1028 (1/2 c.)	0	25.40	0.11	0.02	9.98	4.85	2.81
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Scalloped Potatoes - NER1056 (1/2 c.)	0	105.30	2.70	0.41	396.23	18.63	1.62
Fresh Spinach - NER1031 (1/2 c.)	0	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 3 Day 5 November - ServingDate: 12/15/2017</b>							
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 4 Day 1 - ServingDate: 12/18/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Boneless Wing Action Station - NER1316 (1 ea.)	0	463.54	12.44	2.65	1294.41	57.10	25.69
Cinnamon Applesauce - NER1165 (1/2 c.)	0	60.33	0.16	0.02	2.84	16.47	0.30
Grapefruit - NER1034 (1 ea.)	0	84.55	0.33	0.02	0.00	16.26	4.88
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Black Beans - NER1256 (1/2 c.)	0	116.31	0.49	0.00	135.69	22.29	6.79
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 1 - ServingDate: 12/18/2017</b>							
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Mexican Slaw - SR1612 (1/2 c.)	0	49.59	0.12	0.03	16.20	12.54	0.98
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Sour Cream & Chive Mashed Potatoes - NER1292 (1/2 c.)	0	135.39	3.41	2.33	126.65	21.96	2.47
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 1 - ServingDate: 12/18/2017</b>							
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 4 Day 2 - ServingDate: 12/19/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Boneless Wing Action Station - NER1316 (1 ea.)	0	463.54	12.44	2.65	1294.41	57.10	25.69
Crispy Peach Crisp - NER1048 (1/2 c.)	0	136.71	0.61	0.08	13.24	32.49	1.11
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08
Pineapple Tidbits - SR1495 (1/2 c.)	0	71.56	0.10	0.01	1.19	18.73	0.50
Kidney Beans - SR1036 (1 #8 scoop)	0	148.57	0.00	0.00	173.33	27.24	8.67
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	0	168.36	12.11	6.66	477.56	5.29	10.28
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Cheesy Hash Brown Casserole - NER1054 (1/2 c.)	0	269.94	10.17	4.01	278.12	35.64	7.63

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 2 - ServingDate: 12/19/2017</b>							
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	0	20.13	0.09	0.01	41.09	4.33	0.94
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00



# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 2 - ServingDate: 12/19/2017</b>							
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 4 Day 3 - ServingDate: 12/20/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Boneless Wing Action Station - NER1316 (1 ea.)	0	463.54	12.44	2.65	1294.41	57.10	25.69
Baked Cinnamon Raisin Apples - SR1238 (1 #10 scoop)	0	126.53	1.89	0.76	29.95	28.05	0.37
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Canteloupe - NER1273 (1 c.)	0	90.67	0.51	0.14	42.67	21.76	2.24
Atomic Cauliflower - NER1248 (1/2 c.)	0	53.01	3.72	0.40	72.01	4.45	1.51
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	37.71	4.47	1.03
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Parmesan Mashed Potatoes - NER1291 (1/2 c.)	0	126.89	2.65	1.77	210.53	21.36	3.53
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 3 - ServingDate: 12/20/2017</b>							
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 3 - ServingDate: 12/20/2017</b>							
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall DYK Explore Week 4 Day 4 - ServingDate: 12/21/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Boneless Wing Action Station - NER1316 (1 ea.)	0	463.54	12.44	2.65	1294.41	57.10	25.69
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	0	53.00	0.17	0.03	1.00	13.95	0.26
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Crunchy Cauliflower - NER1121 (1/2 c.)	0	13.38	0.15	0.07	16.05	2.66	1.03
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Potato Roasters - SR1401 (1/2 c.)	0	142.70	3.57	0.51	163.09	25.48	2.04
Radish Wedges - SR1284 (1/4 c.)	0	4.64	0.03	0.01	11.31	0.99	0.20
Potato Salad - NER1069 (1/2 c.)	0	190.00	8.00	1.00	600.00	28.00	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 4 - ServingDate: 12/21/2017</b>							
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 5 - ServingDate: 12/22/2017</b>							
Deli Bar - NER1055 (1 ea.)	0	346.66	13.93	4.50	862.32	38.67	18.43
Boneless Wing Action Station - NER1316 (1 ea.)	0	463.54	12.44	2.65	1294.41	57.10	25.69
Lemon Wedges - NER1263 (1/2 c.)	0	24.00	0.20	0.00	1.00	5.40	0.60
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
Steamed Broccoli - SR1028 (1/2 c.)	0	25.40	0.11	0.02	9.98	4.85	2.81
Citrus Glazed Carrots - NER1195 (1/2 c.)	0	41.19	0.10	0.02	57.19	9.88	0.48
Chickpeas - NER1245 (1/2 c.)	0	130.00	2.00	0.00	440.00	22.00	5.00
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Au Gratin Potatoes - NER1051 (1/2 c.)	0	239.29	5.12	0.87	1204.60	44.00	4.00
Broccoli Raisin Salad - NER1064 (1/2 c.)	0	151.97	5.09	0.72	213.12	25.51	3.20
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	40.00	0.00	0.00	390.00	9.00	0.00
Green Pepper Strips - SR1658 (1/4 cup strips)	0	6.17	0.05	0.02	0.93	1.43	0.27
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00

# Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL  
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall DYK Explore Week 4 Day 5 - ServingDate: 12/22/2017</b>							
Diced Red Onion - SR1447 (2 tbsp.)	0	8.00	0.02	0.01	0.80	1.87	0.22
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	20.00	0.00	0.33
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Peppers - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	174.42	0.00	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: Did You Know Café  
 Menu Line: DYK-Honor Roll Rotation  
 Serving Group: 6-8  
 Nutrients Option: Expanded