

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 1 Day 5 - October - ServingDate: 12/01/2017							
Sausage Breakfast Pizza - SR1167 (1 slice)	50	210.03	7.00	2.00	480.08	26.00	9.00
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)	12	190.00	6.00	2.00	130.00	32.00	4.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	2	110.00	1.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	11	240.00	8.00	2.00	300.00	40.00	5.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00

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SY 17-18 Fall DYK Breakfast Week 1 Day 5 - October - ServingDate: 12/01/2017							
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1162 (1/2 c.)	5	124.41	0.17	0.01	4.06	33.59	0.69
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 2 Day 1 - October - ServingDate: 12/04/2017							
Sausage & Cheese Biscuit - NER1400 (1 sandwich)	0	285.00	15.75	9.75	647.50	27.00	11.25
String Cheese - SR1146 (1 stick.)	5	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	1	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Warm Cinnamon Roll - SR1383 (1 roll.)	0	180.00	1.50	0.50	140.00	36.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 2 Day 1 - October - ServingDate: 12/04/2017							
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	5	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	5	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	1	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1162 (1/2 c.)	5	124.41	0.17	0.01	4.06	33.59	0.69
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 2 Day 2 - October - ServingDate: 12/05/2017							
Bacon and Cheese Toaster - NER1293 (1 ea.)	50	321.25	16.29	7.05	962.22	32.26	12.07

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SY 17-18 Fall DYK Breakfast Week 2 Day 2 - October - ServingDate: 12/05/2017							
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	10	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	1	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	1	110.00	1.00	0.00	180.00	23.00	2.00
Cinnamon Creamy Cheese Mini Bagels - SR1162 (1 pkg.)	8	240.00	6.00	2.50	180.00	41.00	6.00
Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.)	8	240.00	6.00	2.50	180.00	41.00	6.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	10	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00

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SY 17-18 Fall DYK Breakfast Week 2 Day 2 - October - ServingDate: 12/05/2017							
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Red Seedless Grapes - SR1496 (1/2 c.)	5	62.60	0.14	0.05	1.81	16.42	0.65
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 2 Day 3 - October - ServingDate: 12/06/2017							
Banana Split Parfait - NER1032 (1 ea.)	10	589.02	5.89	3.13	203.18	126.04	13.77
Egg & Cheese Flatbread - NER1391 (1 sandwich)	0	294.96	13.33	5.09	722.11	29.43	11.97
Sausage Breakfast Pizza - SR1167 (1 slice)	25	210.03	7.00	2.00	480.08	26.00	9.00
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	7	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	7	110.00	3.00	0.50	160.00	22.00	1.00

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SY 17-18 Fall DYK Breakfast Week 2 Day 3 - October - ServingDate: 12/06/2017							
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	7	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	2	124.01	1.03	0.00	196.35	27.90	2.07
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	3.94	12.75	0.34
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 2 Day 4 - October - ServingDate: 12/07/2017							
Hearty Breakfast Burrito - NER1236 (1 ea.)	30	540.00	27.00	8.50	1210.00	56.00	17.00

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SY 17-18 Fall DYK Breakfast Week 2 Day 4 - October - ServingDate: 12/07/2017							
Ham & Swiss on Whole Grain Bagel - NER1275 (1 sandwich)	30	245.00	5.38	2.63	495.00	36.00	12.25
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	13	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	1	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	1	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	13	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00

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SY 17-18 Fall DYK Breakfast Week 2 Day 4 - October - ServingDate: 12/07/2017							
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	5	71.56	0.10	0.01	1.19	18.73	0.50
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 2 Day 5 - October - ServingDate: 12/08/2017							
Egg & Sausage on Whole Grain English Muffin - NER1278 (1 sandwich)	50	270.00	10.50	3.00	430.00	29.00	15.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	5	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	5	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	0	239.38	5.74	3.00	307.16	37.28	9.09
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00

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SY 17-18 Fall DYK Breakfast Week 2 Day 5 - October - ServingDate: 12/08/2017							
Cocoa Puffs Cereal - SR1170 (1 bowl)	2	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	2	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
Ultra Bread Slice - Banana - NER1360 (1 ea.)	0	280.00	10.00	2.00	220.00	44.00	5.00
100% Apple Juice - SR1204 (4 fl oz cup)	25	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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SY 17-18 Fall DYK Breakfast Week 3 Day 1 -October - ServingDate: 12/11/2017							
Blueberry Streusel Parfait - NER1109 (1 ea.)	20	458.93	3.99	1.04	200.76	96.29	12.32
Breakfast on a Stick - SR1187 (1 serving)	0	168.44	7.93	1.98	297.25	17.84	7.93
Breakfast Bagel Sandwich - SR1644 (1 sandwich)	0	265.00	8.00	3.50	490.00	36.00	12.50
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	25	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 1 -October - ServingDate: 12/11/2017							
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	3.94	12.75	0.34
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 3 Day 2 - October - ServingDate: 12/12/2017							
Crispy Bacon Breakfast Boat - NER1008 (1 ea.)	25	210.00	8.00	2.50	360.00	25.00	9.00
Sausage Breakfast Boat - NER1007 (1 ea.)	25	200.00	7.00	2.00	320.00	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	10	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	1	127.09	3.91	0.98	107.53	20.53	1.96

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 2 - October - ServingDate: 12/12/2017							
Dutch Waffle - NER1009 (1 ea.)	12	390.91	13.33	3.03	352.38	66.65	4.50
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	10	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 3 - October - ServingDate: 12/13/2017							
Sausage, Egg, & Cheese Croissant - NER1401 (1 sandwich)	0	425.00	23.75	11.25	777.50	35.00	18.25
Scrambled Eggs - USDA Recipe D340 - PER D-340 (1/4 c.)	25	94.06	6.08	1.87	168.81	1.50	7.63
String Cheese - SR1146 (1 stick.)	5	80.00	6.00	3.50	150.00	1.00	7.00
Pork Bacon - NER1072 (2 slice)	10	0.80	0.07	0.03	3.41	0.00	0.04
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Buttery Wheat Toast - SR1159 (1 slice)	10	89.05	3.10	0.86	160.95	14.00	3.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	2	110.00	1.50	0.00	120.00	25.00	2.00
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)	10	190.00	6.00	2.00	130.00	32.00	4.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	2	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	25	60.00	0.00	0.00	5.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 3 - October - ServingDate: 12/13/2017							
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 3 Day 4 - October - ServingDate: 12/14/2017							
Ham, Egg, & Cheese Biscuit - NER1399 (1 sandwich)	0	310.00	16.63	9.88	787.50	28.75	11.50
Sausage Biscuit & Gravy - NER1232 (1 ea.)	30	543.50	33.34	17.00	1710.70	55.35	10.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	10	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 4 - October - ServingDate: 12/14/2017							
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	2	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	10	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	5	99.92	0.16	0.02	9.83	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 5 - October - ServingDate: 12/15/2017							
Crispy Bacon & Egg Flatbread - NER1177 (1 pizza whol)	25	442.27	23.63	9.47	1049.33	34.24	22.44
Savory Sausage & Egg Flatbread Pizza - NER1176 (1 pizza whol)	25	410.96	20.45	7.90	845.14	34.40	20.56
String Cheese - SR1146 (1 stick.)	5	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	10	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	10	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	1	110.00	1.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	300.00	40.00	5.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00

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 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 3 Day 5 - October - ServingDate: 12/15/2017							
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1162 (1/2 c.)	5	124.41	0.17	0.01	4.06	33.59	0.69
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 4 Day 1 - December - ServingDate: 12/18/2017							
Ham & Swiss on Whole Grain Bagel - NER1275 (1 sandwich)	25	245.00	5.38	2.63	495.00	36.00	12.25
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	15	239.38	5.74	3.00	307.16	37.28	9.09
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 1 - December - ServingDate: 12/18/2017							
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	6	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
Ultra Bread Slice - Cinnamon Burst - NER1359 (1 ea.)	25	270.00	10.00	2.00	190.00	44.00	6.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	5	71.56	0.10	0.01	1.19	18.73	0.50
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 2 - October - ServingDate: 12/19/2017							
Hearty Breakfast Taco - NER1158 (2 tacos)	0	507.93	23.92	7.81	1019.07	40.50	29.22
Egg & Sausage Biscuit - NER1402 (1 sandwich)	0	330.00	18.50	10.00	670.00	28.00	14.00
Apple Jacks Cereal - SR1360 (1 bowl)	2	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	6	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	1	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	1	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	5	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 2 - October - ServingDate: 12/19/2017							
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 4 Day 3 - October - ServingDate: 12/20/2017							
Bacon and Cheese Toaster - NER1293 (1 ea.)	45	321.25	16.29	7.05	962.22	32.26	12.07
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	1	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Mini Waffles - SR1594 (1 pkg.)	15	210.00	6.00	1.00	320.00	35.00	4.00
Cinnamon Rolls - USDA Recipe B80 - PER B-80 (1 Cinnamon R)	15	193.40	4.46	0.39	192.63	35.16	4.92
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 3 - October - ServingDate: 12/20/2017							
Cocoa Puffs Cereal - SR1170 (1 bowl)	2	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	25	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 4 Day 4 - ServingDate: 12/21/2017							
Ham, Egg, & Cheese Croissant - NER1197 (1 sandwich)	25	380.00	19.63	9.88	767.50	35.75	14.50

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 4 - ServingDate: 12/21/2017							
Sausage Breakfast Pizza - SR1167 (1 slice)	25	210.03	7.00	2.00	480.08	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	13	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	2	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	13	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 4 - ServingDate: 12/21/2017							
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall DYK Breakfast Week 4 Day 5 - ServingDate: 12/22/2017							
Sausage Breakfast Sandwich - SR1189 (1 sandwich)	50	250.00	10.00	4.00	535.00	28.00	13.50
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	5	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	5	100.00	0.50	0.50	50.00	20.00	3.00
Apple Frudel Stick - SR1747 (1 pkg.)	0	210.00	6.00	1.00	260.00	36.00	5.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cherry Frudel Stick - SR1491 (1 pkg.)	0	210.00	6.00	1.00	260.00	37.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
 Date: 12/01/2017 - 12/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall DYK Breakfast Week 4 Day 5 - ServingDate: 12/22/2017							
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)	10	190.00	6.00	2.00	130.00	32.00	4.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	25	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	3.94	12.75	0.34
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - December, 2017

Site: ALL
Date: 12/01/2017 - 12/31/2017

Report Selections

Meal Type: Breakfast
Site Group: Did You Know Café
Menu Line: BRKFST-Café Classics
Serving Group: 6-8
Nutrients Option: Expanded