

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 CRC Salsa Week 4 Day 3 - ServingDate: 11/01/2017</b>							
Chicken Enchilada - NER1185 (2 Each enchi)	0	490.68	21.41	8.03	1642.36	48.36	28.25
Spanish Rice - NER1186 (2/3 c.)	0	167.16	2.79	0.19	318.94	32.30	3.99
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon Applesauce - NER1165 (1/2 c.)	0	60.33	0.16	0.02	2.84	16.47	0.30
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Fruit & Yogurt Salad - NER1182 (1/2 c.)	0	111.19	0.26	0.09	14.52	27.66	0.94
Southwest Pinto Beans - NER1151 (1/2 c.)	0	119.00	0.25	0.03	166.60	21.46	6.95
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	0	168.36	12.11	6.66	477.56	5.29	10.28
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Crunchy Cauliflower - NER1121 (1/2 c.)	0	13.38	0.15	0.07	16.05	2.66	1.03
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Sweet Potato Cross Trax - NER1188 (1/2 c.)	0	109.56	3.91	0.78	180.00	18.00	0.78
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00

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<b>SY 17-18 CRC Salsa Week 4 Day 3 - ServingDate: 11/01/2017</b>							
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 CRC Salsa Week 4 Day 4 - ServingDate: 11/02/2017</b>							
Taco: Walking Taco - NER1184 (1 ea.)	0	467.01	24.28	7.57	723.70	39.41	21.38
Flavorful Vegetable Pasta - NER1118 (1/2 c.)	0	125.82	2.93	1.23	293.26	18.82	5.75
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16
California Blend Vegetable - NER1194 (1/2 c.)	0	26.10	0.00	0.00	36.54	5.22	1.04
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Whipped Potatoes - SR1112 (1/2 c.)	0	111.89	1.53	1.02	120.53	21.36	2.03
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00

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<b>SY 17-18 CRC Salsa Week 4 Day 4 - ServingDate: 11/02/2017</b>							
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

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<b>SY 17-18 CRC Salsa Week 4 Day 5 - ServingDate: 11/03/2017</b>							
Cheesy Quesadilla - NER1170 (1 ea.)	0	370.00	20.00	9.50	600.00	29.00	21.00
Cheesy Pork Quesadilla - NER1084 (1 ea.)	0	355.83	17.58	8.04	695.83	28.75	22.58
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Red Seedless Grapes - SR1496 (1/2 c.)	0	62.60	0.14	0.05	1.81	16.42	0.65
Cheese Smothered Refried Beans - NER1192 (1/2 c.)	0	187.69	7.54	3.08	440.77	20.00	10.31
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Steamed Carrot Coins - SR1017 (1/2 c.)	0	24.77	1.53	0.16	53.87	2.83	0.28
Robust Cherry Tomatoes - NER1017 (1/2 c.)	0	18.00	0.20	0.03	5.00	3.89	0.50
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Mexi Fries - NER1198 (1/2 c.)	0	162.80	5.25	0.75	250.09	26.38	2.04
Roasted Pineapple - NER1253 (1/2 c.)	0	56.83	2.27	0.34	5.25	8.82	0.60
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Fresh Spinach - NER1031 (1/2 c.)	0	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00

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<b>SY 17-18 CRC Salsa Week 4 Day 5 - ServingDate: 11/03/2017</b>							
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	0	20.13	0.09	0.01	41.09	4.33	0.94
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

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<b>SY 17-18 Fall CRC Salsa Week 2 Day 1 - ServingDate: 11/06/2017</b>							
Beefy Nachos - NER1189 (1 ea.)	0	397.17	20.60	7.62	774.37	35.56	18.61
Cheesy Nachos - NER1190 (1 ea.)	0	472.24	29.21	12.62	949.52	34.85	18.11
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Cinnamon Applesauce - NER1165 (1/2 c.)	0	60.33	0.16	0.02	2.84	16.47	0.30
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
California Blend Vegetable - NER1194 (1/2 c.)	0	26.10	0.00	0.00	36.54	5.22	1.04
Steamed Carrot Coins - SR1017 (1/2 c.)	0	24.77	1.53	0.16	53.87	2.83	0.28
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Oven Fries - NER1205 (1/2 c.)	0	99.10	3.43	0.00	121.97	16.77	1.52
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Broccoli Raisin Salad - NER1064 (1/2 c.)	0	151.97	5.09	0.72	213.12	25.51	3.20
Corn & Cilantro Salad - NER1150 (1/2 c.)	0	64.00	0.63	0.01	2.37	12.41	2.01
Zucchini Sticks - SR1049 (3 stick.)	0	9.61	0.18	0.05	4.52	1.76	0.68
Tomato Wedge - NER1068 (1/2 c.)	0	19.00	0.20	0.00	5.00	3.90	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00

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<b>SY 17-18 Fall CRC Salsa Week 2 Day 1 - ServingDate: 11/06/2017</b>							
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00



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<b>SY 17-18 Fall CRC Salsa Week 2 Day 1 - ServingDate: 11/06/2017</b>							
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 CRC Salsa Week 1 Day 2 - ServingDate: 11/07/2017</b>							
Beef Enchilada - SR1345 (1 enchilada)	0	348.95	14.79	5.60	826.87	36.82	19.19
Super Spinach Pasta Salad - NER1204 (1 c.)	0	263.74	3.61	0.34	212.89	47.87	9.25
Spanish Rice - SR1509 (2/3 c.)	0	170.49	2.81	0.19	297.27	32.94	4.25
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
Baked Potato - NER1222 (1 ea.)	0	193.88	14.10	1.24	16.00	15.71	1.68
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	0	168.36	12.11	6.66	477.56	5.29	10.28
Baby Carrots - NER1216 (3/4 c.)	0	38.06	0.14	0.03	84.83	8.96	0.70
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Hummus - NER1221 (1/2 c.)	0	280.00	16.00	2.00	640.00	28.00	12.00
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Roasted Pineapple - NER1253 (1/2 c.)	0	56.83	2.27	0.34	5.25	8.82	0.60
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 CRC Salsa Week 1 Day 2 - ServingDate: 11/07/2017</b>							
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Green Pepper Strips - SR1658 (1/4 cup strips)	0	6.17	0.05	0.02	0.93	1.43	0.27
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing, 1.5 gallon dispenser pack, Heinz - NER1386 (1 pump)	0	50.00	2.50	0.50	320.00	8.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 CRC Salsa Week 1 Day 2 - ServingDate: 11/07/2017</b>							
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 2 Day 3 - ServingDate: 11/08/2017</b>							
Taco Salad - NER1202 (1 salad)	0	268.01	9.94	4.05	520.19	28.64	16.46
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Baked Potato - NER1222 (1 ea.)	0	193.88	14.10	1.24	16.00	15.71	1.68
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Atomic Cauliflower - NER1248 (1/2 c.)	0	53.01	3.72	0.40	72.01	4.45	1.51
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Classic Green Bean Casserole - NER1058 (1/2 c.)	0	145.25	6.47	3.46	623.72	13.31	8.09
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Creamy Tomato & Cucumber Salad - NER1234 (4 oz.)	0	30.06	0.54	0.26	52.02	5.60	1.45

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 2 Day 3 - ServingDate: 11/08/2017</b>							
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 2 Day 3 - ServingDate: 11/08/2017</b>							
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 2 Day 4 - ServingDate: 11/09/2017</b>							
Southwest Pork Rice Bowl - NER1082 (1 ea.)	0	481.49	13.56	5.05	1085.14	62.26	28.82
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Orange Jell-O - NER1155 (1/2 c.)	0	70.33	0.00	0.00	55.63	16.71	1.10
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Pineapple Tidbits - SR1495 (1/2 c.)	0	71.56	0.10	0.01	1.19	18.73	0.50
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Cheese Smothered Refried Beans - NER1192 (1/2 c.)	0	187.69	7.54	3.08	440.77	20.00	10.31
Garden Beets - NER1060 (1/2 c.)	0	1.03	0.00	0.00	3.85	0.26	0.00
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Robust Cherry Tomatoes - NER1017 (1/2 c.)	0	18.00	0.20	0.03	5.00	3.89	0.50
Citrus Glazed Carrots - NER1195 (1/2 c.)	0	41.19	0.10	0.02	57.19	9.88	0.48
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 2 Day 4 - ServingDate: 11/09/2017</b>							
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Potato Roasters - SR1401 (1/2 c.)	0	142.70	3.57	0.51	163.09	25.48	2.04
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 2 Day 4 - ServingDate: 11/09/2017</b>							
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 2 Day 5 - ServingDate: 11/10/2017</b>							
Cheesy Quesadilla - NER1170 (1 ea.)	0	370.00	20.00	9.50	600.00	29.00	21.00
Cheesy Chicken Quesadilla - NER1083 (1 ea.)	0	287.21	12.38	5.43	630.19	17.28	27.48
Crispy Peach Crisp - NER1048 (1/2 c.)	0	136.71	0.61	0.08	13.24	32.49	1.11
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Watermelon - SR1299 (1/2 c.)	0	45.36	0.23	0.02	1.51	11.41	0.92
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 2 Day 5 - ServingDate: 11/10/2017</b>							
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Mexican Slaw - SR1612 (1/2 c.)	0	49.59	0.12	0.03	16.20	12.54	0.98
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Oven Fries - NER1205 (1/2 c.)	0	99.10	3.43	0.00	121.97	16.77	1.52
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Potato Salad - NER1069 (1/2 c.)	0	190.00	8.00	1.00	600.00	28.00	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00



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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 2 Day 5 - ServingDate: 11/10/2017</b>							
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 3 Day 1 - ServingDate: 11/13/2017</b>							
Beefy Nachos - NER1189 (1 ea.)	0	397.17	20.60	7.62	774.37	35.56	18.61
Cheesy Nachos - NER1190 (1 ea.)	0	472.24	29.21	12.62	949.52	34.85	18.11
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 1 - ServingDate: 11/13/2017</b>							
Cauliflower w/Cheese - NER1258 (1/2 c.)	0	164.28	12.07	6.70	476.20	4.53	9.87
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Italian Whipped Potatoes - NER1243 (1/2 c.)	0	111.89	1.53	1.02	120.53	21.36	2.03
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Roasted Summer Squash - SR1523 (1/2 c.)	0	31.05	1.64	0.16	31.12	3.36	0.83
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Stir Fry Blend - NER1242 (1/2 c.)	0	25.00	0.00	0.00	10.00	6.00	0.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Black Bean & Corn Salsa - SR1279 (2 tbsp.)	0	20.13	0.09	0.01	41.09	4.33	0.94
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

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Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 1 - ServingDate: 11/13/2017</b>							
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 3 Day 2 - ServingDate: 11/14/2017</b>							
Chicken Tacos - SR1415 (2 tacos)	0	349.84	14.36	5.39	545.76	32.21	22.94
Fiesta Beef Soft Taco - NER1178 (2 tacos)	0	326.85	10.07	3.40	965.33	35.77	23.87
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43

## Menu Calendar Nutrient Analysis Report - November, 2017

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 2 - ServingDate: 11/14/2017</b>							
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Southwest Pinto Beans - NER1151 (1/2 c.)	0	119.00	0.25	0.03	166.60	21.46	6.95
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Robust Cherry Tomatoes - NER1017 (1/2 c.)	0	18.00	0.20	0.03	5.00	3.89	0.50
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	37.71	4.47	1.03
Cheesy Hash Brown Casserole - NER1054 (1/2 c.)	0	269.94	10.17	4.01	278.12	35.64	7.63
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Creamy Cucumber Yogurt Salad - NER1247 (1/2 c.)	0	36.13	1.06	0.60	224.19	5.05	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 2 - ServingDate: 11/14/2017</b>							
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 3 November - ServingDate: 11/15/2017</b>							
Hearty Breakfast Burrito - NER1236 (1 ea.)	0	540.00	27.00	8.50	1210.00	56.00	17.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon and Sugar Sliced Apples - NER1193 (1/2 c.)	0	57.93	0.13	0.01	2.58	15.55	0.23
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Red Seedless Grapes - SR1496 (1/2 c.)	0	62.60	0.14	0.05	1.81	16.42	0.65
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Baked Potato - NER1222 (1 ea.)	0	193.88	14.10	1.24	16.00	15.71	1.68
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	0	168.36	12.11	6.66	477.56	5.29	10.28
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Chickpeas - NER1245 (1/2 c.)	0	130.00	2.00	0.00	440.00	22.00	5.00
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Broccoli Raisin Salad - NER1064 (1/2 c.)	0	151.97	5.09	0.72	213.12	25.51	3.20
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 3 November - ServingDate: 11/15/2017</b>							
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Green Pepper Strips - SR1658 (1/4 cup strips)	0	6.17	0.05	0.02	0.93	1.43	0.27
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 3 November - ServingDate: 11/15/2017</b>							
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 3 Day 4 - ServingDate: 11/16/2017</b>							
Taco: Walking Taco - NER1184 (1 ea.)	0	467.01	24.28	7.57	723.70	39.41	21.38
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Watermelon - SR1299 (1/2 c.)	0	45.36	0.23	0.02	1.51	11.41	0.92
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Pineapple & Cucumber Salad - SR1462 (1/2 c.)	0	43.51	0.09	0.02	62.09	11.18	0.52
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Crunchy Cauliflower - NER1121 (1/2 c.)	0	13.38	0.15	0.07	16.05	2.66	1.03
Citrus Glazed Carrots - NER1195 (1/2 c.)	0	41.19	0.10	0.02	57.19	9.88	0.48
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	37.71	4.47	1.03
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Au Gratin Potatoes - NER1051 (1/2 c.)	0	239.29	5.12	0.87	1204.60	44.00	4.00
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Fresh Spinach - NER1031 (1/2 c.)	0	21.00	0.27	0.03	55.30	2.54	2.00



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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 4 - ServingDate: 11/16/2017</b>							
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 4 - ServingDate: 11/16/2017</b>							
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 3 Day 5 - ServingDate: 11/17/2017</b>							
Cheesy Quesadilla - NER1170 (1 ea.)	0	370.00	20.00	9.50	600.00	29.00	21.00
Cheesy Pork Quesadilla - NER1084 (1 ea.)	0	355.83	17.58	8.04	695.83	28.75	22.58
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon Applesauce - NER1165 (1/2 c.)	0	60.33	0.16	0.02	2.84	16.47	0.30
Fresh Whole Oranges - SR1171 (1 small (2-3)	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Cheese Smothered Refried Beans - NER1192 (1/2 c.)	0	187.69	7.54	3.08	440.77	20.00	10.31
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Steamed Broccoli - SR1028 (1/2 c.)	0	25.40	0.11	0.02	9.98	4.85	2.81
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Oven Fries - NER1205 (1/2 c.)	0	99.10	3.43	0.00	121.97	16.77	1.52

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 5 - ServingDate: 11/17/2017</b>							
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Tuscan Salad - NER1246 (1/2 c.)	0	42.87	2.58	0.02	260.57	5.00	0.56
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 3 Day 5 - ServingDate: 11/17/2017</b>							
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 4 Day 1 - ServingDate: 11/20/2017</b>							
Taco Salad - NER1202 (1 salad)	0	268.01	9.94	4.05	520.19	28.64	16.46
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Southwest Pinto Beans - NER1151 (1/2 c.)	0	119.00	0.25	0.03	166.60	21.46	6.95
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Atomic Cauliflower - NER1248 (1/2 c.)	0	53.01	3.72	0.40	72.01	4.45	1.51
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Steamed Green Beans - SR1021 (1/2 c.)	0	19.40	0.12	0.03	37.71	4.47	1.03
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 4 Day 1 - ServingDate: 11/20/2017</b>							
Crispy Tater Tots - NER1262 (1/2 c.)	0	129.77	5.99	1.00	309.45	15.97	2.00
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Curried Chickpea Salad - NER1252 (1/2 c.)	0	184.15	7.71	0.81	566.42	22.34	5.10
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 4 Day 1 - ServingDate: 11/20/2017</b>							
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 4 Day 2 - ServingDate: 11/21/2017</b>							
Cheesy Quesadilla - NER1170 (1 ea.)	0	370.00	20.00	9.50	600.00	29.00	21.00
Cheesy Chicken Quesadilla - NER1083 (1 ea.)	0	287.21	12.38	5.43	630.19	17.28	27.48
Applesauce - SR1195 (1/2 c.)	0	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Cheese Smothered Refried Beans - NER1192 (1/2 c.)	0	187.69	7.54	3.08	440.77	20.00	10.31
Blue Ribbon Slaw - SR1254 (1/2 c.)	0	55.49	0.18	0.05	122.25	13.12	1.35
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 4 Day 2 - ServingDate: 11/21/2017</b>							
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Jicama Sticks - SR1042 (1/2 cup strips)	0	24.70	0.06	0.01	2.60	5.73	0.47
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Scalloped Potatoes - NER1056 (1/2 c.)	0	105.30	2.70	0.41	396.23	18.63	1.62
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Fresh Spinach - NER1031 (1/2 c.)	0	21.00	0.27	0.03	55.30	2.54	2.00
Zucchini Sticks - SR1049 (3 stick.)	0	9.61	0.18	0.05	4.52	1.76	0.68
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

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Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 4 Day 2 - ServingDate: 11/21/2017</b>							
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 4 Day 3 - ServingDate: 11/22/2017</b>							
Cheesy Enchilada - NER1251 (1 ea.)	0	439.46	23.52	12.00	797.39	40.17	18.39
Spanish Rice - NER1186 (2/3 c.)	0	167.16	2.79	0.19	318.94	32.30	3.99
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon and Sugar Sliced Apples - NER1193 (1/2 c.)	0	57.93	0.13	0.01	2.58	15.55	0.23
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1162 (1/2 c.)	0	124.41	0.17	0.01	4.06	33.59	0.69



## Menu Calendar Nutrient Analysis Report - November, 2017

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 4 Day 3 - ServingDate: 11/22/2017</b>							
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Baked Potato - NER1222 (1 ea.)	0	193.88	14.10	1.24	16.00	15.71	1.68
Garden Beets - NER1060 (1/2 c.)	0	1.03	0.00	0.00	3.85	0.26	0.00
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Potato Salad - NER1069 (1/2 c.)	0	190.00	8.00	1.00	600.00	28.00	2.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

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Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 4 Day 3 - ServingDate: 11/22/2017</b>							
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 1 Day 1 - ServingDate: 11/27/2017</b>							
Beefy Nachos - NER1189 (1 ea.)	0	397.17	20.60	7.62	774.37	35.56	18.61
Cheesy Nachos - NER1190 (1 ea.)	0	472.24	29.21	12.62	949.52	34.85	18.11
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Mandarin Oranges - SR1557 (1/2 c.)	0	99.92	0.16	0.02	9.83	26.52	0.74

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 1 - ServingDate: 11/27/2017</b>							
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Crunchy Cauliflower - NER1121 (1/2 c.)	0	13.38	0.15	0.07	16.05	2.66	1.03
Citrus Glazed Carrots - NER1195 (1/2 c.)	0	41.19	0.10	0.02	57.19	9.88	0.48
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Tater Tots - NER1262 (1/2 c.)	0	129.77	5.99	1.00	309.45	15.97	2.00
Radish Wedges - SR1284 (1/4 c.)	0	4.64	0.03	0.01	11.31	0.99	0.20
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
Spicy Sriracha Slaw - SR1324 (1/2 c.)	0	56.91	0.14	0.03	109.86	13.46	1.32
Asian Blend Vegetable - NER1080 (1/2 c.)	0	41.96	1.87	0.19	10.53	6.11	0.81
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 1 - ServingDate: 11/27/2017</b>							
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 1 Day 2 - ServingDate: 11/28/2017</b>							
Chicken Tacos - SR1415 (2 tacos)	0	349.84	14.36	5.39	545.76	32.21	22.94
Fiesta Beef Soft Taco - NER1178 (2 tacos)	0	326.85	10.07	3.40	965.33	35.77	23.87
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 2 - ServingDate: 11/28/2017</b>							
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Cinnamon and Sugar Sliced Apples - NER1193 (1/2 c.)	0	57.93	0.13	0.01	2.58	15.55	0.23
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Red Pepper Strips - SR1011 (1/4 c.)	0	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Fresh Pick- Sweet & Sour Broccoli - SR1671 (1/2 c.)	0	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Au Gratin Potatoes - NER1051 (1/2 c.)	0	239.29	5.12	0.87	1204.60	44.00	4.00
Roasted Summer Squash - SR1523 (1/2 c.)	0	31.05	1.64	0.16	31.12	3.36	0.83
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 2 - ServingDate: 11/28/2017</b>							
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 3 - ServingDate: 11/29/2017</b>							
Enchilada Suiza - SR1559 (2 enchilada)	0	388.03	14.25	4.35	736.77	38.93	25.28
Spanish Rice - NER1186 (2/3 c.)	0	167.16	2.79	0.19	318.94	32.30	3.99
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Fruit Mix Dessert - NER1233 (1/2 c.)	0	124.06	4.72	4.72	5.42	18.81	1.08
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Baked Potato - NER1222 (1 ea.)	0	193.88	14.10	1.24	16.00	15.71	1.68
Southwest Pinto Beans - NER1151 (1/2 c.)	0	119.00	0.25	0.03	166.60	21.46	6.95
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	0	168.36	12.11	6.66	477.56	5.29	10.28
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	10.53	2.12	0.90
Crunchy Cauliflower - NER1121 (1/2 c.)	0	13.38	0.15	0.07	16.05	2.66	1.03
Chilled Corn - SR1033 (1/2 c.)	0	68.89	0.57	0.09	0.85	16.41	2.17
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Shelled Edamame - NER1024 (1/2 c.)	0	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 3 - ServingDate: 11/29/2017</b>							
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00



## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 3 - ServingDate: 11/29/2017</b>							
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00
<b>SY 17-18 Fall CRC Salsa Week 1 Day 4 - ServingDate: 11/30/2017</b>							
Taco: Walking Taco - NER1184 (1 ea.)	0	467.01	24.28	7.57	723.70	39.41	21.38
Flavorful Vegetable Pasta - NER1118 (1/2 c.)	0	125.82	2.93	1.23	293.26	18.82	5.75
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon Applesauce - NER1165 (1/2 c.)	0	60.33	0.16	0.02	2.84	16.47	0.30
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
Brown Sugar Baked Beans - NER1191 (1/2 c.)	0	114.38	0.00	0.00	483.90	25.52	6.16
California Blend Vegetable - NER1194 (1/2 c.)	0	26.10	0.00	0.00	36.54	5.22	1.04
Fresh Baby Carrots - SR1016 (1/2 c.)	0	24.81	0.09	0.02	55.28	5.84	0.45
Fresh Celery Sticks - SR1014 (6 stick (4" )	0	10.34	0.11	0.03	51.71	1.92	0.45
Cucumber Coins - SR1013 (1/2 cup, slice)	0	7.80	0.06	0.02	1.04	1.89	0.34
Green Peas - NER1021 (1/2 c.)	0	69.85	0.36	0.06	97.98	12.36	4.74
Whipped Potatoes - SR1112 (1/2 c.)	0	111.89	1.53	1.02	120.53	21.36	2.03
Mixed Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	11.56	1.04	0.53
Create a Salad Bar Toppings - NER1240 (1/2 c.)	0	194.40	10.30	0.07	1492.30	22.88	5.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 4 - ServingDate: 11/30/2017</b>							
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Balsamic Vinegarette - NER1305 (2 tbsp.)	0	60.00	5.00	0.50	280.00	3.00	0.00
Banana Pepper Rings - NER1303 (4 slice)	0	0.00	0.00	0.00	153.33	0.00	0.00
BBQ Sauce - NER1045 (2 tbsp.)	0	20.00	0.00	0.00	195.00	4.50	0.00
Sliced Black Olives - SR1390 (1/2 c.)	0	108.33	10.83	0.00	541.67	4.33	0.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
Caesar Dressing - SR1551 (2 tbsp.)	0	130.00	14.00	2.50	210.00	1.00	1.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	0	30.00	0.00	0.00	80.00	7.00	0.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.59	0.24	0.14	12.74	0.03	0.32
Hot Sauce - NER1057 (1 tbsp.)	0	0.00	0.00	0.00	240.00	0.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	0	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	320.00	10.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	1.80	0.54	0.16
Margarine Cup - NER1046 (1 ea.)	0	30.00	3.50	0.75	37.50	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	0	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	180.00	0.00	0.00
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	1.25	0.00	0.00	75.00	0.25	0.00
Ranch Salad Dressing - SR1931 (1 pump)	0	160.00	17.00	3.00	240.00	1.00	0.00

# Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL  
 Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
<b>SY 17-18 Fall CRC Salsa Week 1 Day 4 - ServingDate: 11/30/2017</b>							
Red Wine Vinegar - NER1304 (2 tbsp.)	0	8.00	0.00	0.00	0.00	2.00	0.00
Sour Cream - SR1659 (2 tbsp.)	0	60.00	5.00	3.50	15.00	1.00	1.00
Sliced Red Tomatoes - SR1536 (2 1/2 slice)	0	6.75	0.08	0.01	1.88	1.46	0.33
Vegetable Oil - NER1302 (1 tbsp.)	0	130.00	14.00	2.00	0.00	0.00	0.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: CrossRoads Café  
 Menu Line: CRC-Salsa  
 Serving Group: 9-12  
 Nutrients Option: Expanded