

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 4 Day 1 - ServingDate: 10/02/2017							
Sausage and Cheese Croissant - NER1159 (1 sandwich)	0	355.00	18.75	9.75	627.50	34.00	14.25
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	0	319.89	9.22	4.55	419.41	53.50	3.73
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 4 Day 1 - ServingDate: 10/02/2017							
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	0	62.40	0.00	0.00	1.04	16.18	0.53
Chilled Apple Slices - SR1493 (1/2 c.)	0	54.17	0.00	0.00	10.83	13.00	0.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 4 Day 2 - ServingDate: 10/03/2017							
Bacon, Egg, & Cheese English Muffin - NER1163 (1 sandwich)	0	370.00	20.18	8.49	1115.84	29.26	17.01
Fruit Samurai Smoothie - SR1740 (1 ea.)	0	154.42	0.75	0.50	57.19	33.54	4.04
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 4 Day 2 - ServingDate: 10/03/2017							
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Fresh Baked Whole Grain Muffin - NER1035 (1 ea.)	0	190.00	6.00	2.00	130.00	31.00	3.33
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 4 Day 3 - ServingDate: 10/04/2017							
Crispy Bacon Breakfast Pizza - NER1097 (1 slice)	0	469.45	26.30	12.11	1144.49	37.76	26.20

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SY 17-18 CRC Breakfast Week 4 Day 3 - ServingDate: 10/04/2017							
Sausage Biscuit & Gravy - NER1232 (1 ea.)	0	543.50	33.34	17.00	1710.70	55.35	10.00
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	480.08	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	0	229.38	5.74	3.00	307.16	36.28	8.09
Buttery Wheat Toast - SR1159 (1 slice)	0	89.05	3.10	0.86	160.95	14.00	3.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	5.00	14.00	0.00

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SY 17-18 CRC Breakfast Week 4 Day 3 - ServingDate: 10/04/2017							
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon Applesauce - NER1165 (1/2 c.)	0	60.33	0.16	0.02	2.84	16.47	0.30
Grape Juice - SR1607 (4 fl oz cup)	0	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 4 Day 4 - ServingDate: 10/05/2017							
Hearty Breakfast Taco - NER1158 (2 tacos)	0	507.93	23.92	7.81	1019.07	40.50	29.22
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00

Menu Calendar Nutrient Analysis Report - October, 2017

Generated on: 10/2/2017 9:41:16 AM by Justin Willey

Site: ALL

Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 4 Day 4 - ServingDate: 10/05/2017							
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Oatmeal Chocolate Chip Breakfast Round - SR1173 (1 pkg.)	0	270.00	8.00	2.50	180.00	44.00	5.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 4 Day 5 - ServingDate: 10/06/2017							
Crispy Bacon & Egg Flatbread - NER1177 (1 pizza whol)	0	442.27	23.63	9.47	1049.33	34.24	22.44

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SY 17-18 CRC Breakfast Week 4 Day 5 - ServingDate: 10/06/2017							
Savory Sausage & Egg Flatbread Pizza - NER1176 (1 pizza whol)	0	410.96	20.45	7.90	845.14	34.40	20.56
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24

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SY 17-18 CRC Breakfast Week 4 Day 5 - ServingDate: 10/06/2017							
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	0	70.42	0.10	0.01	5.63	18.22	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 4 Day 1 (Apple Cinnamon Muffin) - ServingDate: 10/09/2017							
Sausage and Cheese Croissant - NER1159 (1 sandwich)	0	355.00	18.75	9.75	627.50	34.00	14.25
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00

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SY 17-18 CRC Breakfast Week 4 Day 1 (Apple Cinnamon Muffin) - ServingDate: 10/09/2017							
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	0	319.89	9.22	4.55	419.41	53.50	3.73
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	0	62.40	0.00	0.00	1.04	16.18	0.53
Chilled Apple Slices - SR1493 (1/2 c.)	0	54.17	0.00	0.00	10.83	13.00	0.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 1 Day 2 - ServingDate: 10/10/2017							
Hearty Breakfast Burrito - NER1236 (1 ea.)	0	540.00	27.00	8.50	1210.00	56.00	17.00
American Breakfast Sandwich - SR1745 (1 sandwich)	0	241.67	8.75	3.75	578.33	29.17	13.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	0	100.00	0.50	0.50	50.00	20.00	3.00

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SY 17-18 CRC Breakfast Week 1 Day 2 - ServingDate: 10/10/2017							
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	0	70.42	0.10	0.01	5.63	18.22	0.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 1 Day 2 - ServingDate: 10/10/2017							
Mandarin Oranges - SR1557 (1/2 c.)	0	99.92	0.16	0.02	9.83	26.52	0.74
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 1 Day 3 (Egg Flatbread) - ServingDate: 10/11/2017							
Egg & Cheese Flatbread - NER1391 (1 sandwich)	0	294.96	13.33	5.09	722.11	29.43	11.97
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Buttery Wheat Toast - SR1159 (1 slice)	0	89.05	3.10	0.86	160.95	14.00	3.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Warm Cinnamon Roll - SR1383 (1 roll.)	0	180.00	1.50	0.50	140.00	36.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Double Chocolate Chip Mini Muffin - SR1592 (1 muffin)	0	190.00	6.00	2.00	130.00	32.00	4.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 1 Day 3 (Egg Flatbread) - ServingDate: 10/11/2017							
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Applesauce - SR1195 (1/2 c.)	0	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3)	0	45.12	0.12	0.01	0.00	11.28	0.90
Red Seedless Grapes - SR1496 (1/2 c.)	0	62.60	0.14	0.05	1.81	16.42	0.65
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 1 Day 4 - ServingDate: 10/12/2017							
Egg & Cheese Biscuit - NER1014 (1 sandwich)	0	320.00	18.50	11.00	845.00	28.00	10.50
Pineapple Mango Smoothie - NER1199 (1 ea.)	0	267.95	2.75	2.50	71.29	55.86	4.09
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 1 Day 4 - ServingDate: 10/12/2017							
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Fresh Baked Whole Grain Muffin - NER1035 (1 ea.)	0	190.00	6.00	2.00	130.00	31.00	3.33
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 1 Day 4 - ServingDate: 10/12/2017							
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 1 Day 5 - ServingDate: 10/13/2017							
Fruity Breakfast Pizza - NER1206 (1 slice)	0	150.06	1.15	0.52	79.20	30.87	4.36
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	100.00	16.00	2.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 1 Day 5 - ServingDate: 10/13/2017							
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	5.00	14.00	0.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	0	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 3 Day 1 - ServingDate: 10/16/2017							
Ham & Cheese English Muffin - NER1207 (1 sandwich)	0	205.00	5.88	2.63	525.00	28.75	9.75
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 3 Day 1 - ServingDate: 10/16/2017							
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	0	229.38	5.74	3.00	307.16	36.28	8.09
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	0	319.89	9.22	4.55	419.41	53.50	3.73
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 3 Day 1 - ServingDate: 10/16/2017							
Chilled Pineapple - SR1495 (1/2 c.)	0	62.40	0.00	0.00	1.04	16.18	0.53
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 3 Day 2 - ServingDate: 10/17/2017							
Dreamy Peach Smoothie - SR1739 (1 ea.)	0	154.47	0.79	0.50	57.41	33.83	4.28
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Buttery Wheat Toast - SR1159 (1 slice)	0	89.05	3.10	0.86	160.95	14.00	3.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 3 Day 2 - ServingDate: 10/17/2017							
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 3 Day 4 - ServingDate: 10/19/2017							
Skillet Bowl - NER1308 (1 ea.)	0	490.93	22.72	11.88	839.81	53.16	18.81
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	0	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 3 Day 4 - ServingDate: 10/19/2017							
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Red Seedless Grapes - SR1496 (1/2 c.)	0	62.60	0.14	0.05	1.81	16.42	0.65
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 3 Day 4 - ServingDate: 10/19/2017							
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 3 Day 5 - ServingDate: 10/20/2017							
Crispy Bacon & Egg Flatbread - NER1177 (1 pizza whol)	0	442.27	23.63	9.47	1049.33	34.24	22.44
Savory Sausage & Egg Flatbread Pizza - NER1176 (1 pizza whol)	0	410.96	20.45	7.90	845.14	34.40	20.56
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 3 Day 5 - ServingDate: 10/20/2017							
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	0	70.42	0.10	0.01	5.63	18.22	0.00
Grape Juice - SR1607 (4 fl oz cup)	0	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CRC Breakfast Week 4 Day 1 (Apple Cinnamon Muffin) - ServingDate: 10/23/2017							
Sausage and Cheese Croissant - NER1159 (1 sandwich)	0	355.00	18.75	9.75	627.50	34.00	14.25
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Disney's Frozen Cereal - NER1003 (1 ea.)	0	100.00	0.00	0.00	130.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 4 Day 1 (Apple Cinnamon Muffin) - ServingDate: 10/23/2017							
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	0	319.89	9.22	4.55	419.41	53.50	3.73
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.92	12.69	0.24
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	0	62.40	0.00	0.00	1.04	16.18	0.53
Chilled Apple Slices - SR1493 (1/2 c.)	0	54.17	0.00	0.00	10.83	13.00	0.00
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CRC Breakfast Week 4 Day 1 (Apple Cinnamon Muffin) - ServingDate: 10/23/2017							
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 4 Day 2 - ServingDate: 10/24/2017							
Summer Smoothie - NER1249 (8 oz.)	0	255.62	1.56	1.00	111.22	53.38	7.10
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Buttery Wheat Toast - SR1159 (1 slice)	0	89.05	3.10	0.86	160.95	14.00	3.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	0	319.89	9.22	4.55	419.41	53.50	3.73
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 4 Day 2 - ServingDate: 10/24/2017							
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Diced Bartlett Pears - SR1194 (1/2 c.)	0	70.42	0.10	0.01	5.63	18.22	0.00
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 4 Day 4 - ServingDate: 10/26/2017							
Hearty Breakfast Burrito - NER1236 (1 ea.)	0	540.00	27.00	8.50	1210.00	56.00	17.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	0	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 4 Day 4 - ServingDate: 10/26/2017							
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 4 Day 4 - ServingDate: 10/26/2017							
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
Chunky Salsa - NER1301 (2 tbsp.)	0	12.00	0.00	0.00	230.00	3.00	0.00
SY 17-18 Fall CRC Breakfast Week 4 Day 5 - ServingDate: 10/27/2017							
Crispy Bacon & Egg Flatbread - NER1177 (1 pizza whol)	0	442.27	23.63	9.47	1049.33	34.24	22.44
Savory Sausage & Egg Flatbread Pizza - NER1176 (1 pizza whol)	0	410.96	20.45	7.90	845.14	34.40	20.56
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 4 Day 5 - ServingDate: 10/27/2017							
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	0	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CRC Breakfast Week 1 Day 2 - ServingDate: 10/31/2017							
Bacon, Egg, & Cheese English Muffin - NER1163 (1 sandwich)	0	370.00	20.18	8.49	1115.84	29.26	17.01
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	0	100.00	0.50	0.50	50.00	20.00	3.00
Fruit Samurai Smoothie - SR1740 (1 ea.)	0	154.42	0.75	0.50	57.19	33.54	4.04
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	0	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	0	100.00	2.00	0.00	140.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 1 Day 2 - ServingDate: 10/31/2017							
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	0	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.50	110.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	0	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	0	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	0	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	0	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	0	319.89	9.22	4.55	419.41	53.50	3.73
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Reese's Puffs - NER1337 (1 ea.)	0	160.00	4.00	0.67	213.33	29.33	2.67
Self-Service Waffle - NER1049 (1 ea.)	0	213.38	2.54	0.00	449.78	44.71	6.10
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.00	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	0	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	0	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CRC Breakfast Week 1 Day 2 - ServingDate: 10/31/2017							
Fresh Whole Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	11.28	0.90
Diced Peaches - SR1196 (1/2 c.)	0	59.11	0.04	0.00	5.37	15.54	0.85
Strawberries - NER1161 (1/2 c.)	0	26.80	0.00	0.00	1.38	6.93	0.33
use SR1161 - Apple - NER1343 (1 ea.)	0	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	0	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	0	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	0	90.00	0.00	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: CrossRoads Café
 Menu Line: BRKFST-Café Classics
 Serving Group: 9-12
 Nutrients Option: Expanded