

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 3 - October 5th week - ServingDate: 11/01/2017							
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	4	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	2	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	2	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Dutch Waffle - NER1009 (1 ea.)	50	390.91	13.33	3.03	352.38	66.65	4.50
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	50	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	2	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	3	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	10	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00

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SY 17-18 Fall CH Breakfast Week 1 Day 3 - October 5th week - ServingDate: 11/01/2017							
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 4 - October 5th week - ServingDate: 11/02/2017							
American Breakfast Bagel Sandwich - SR1645 (1 sandwich)	30	271.67	8.75	3.75	578.33	35.17	14.00
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	2	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	10	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	30	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	30	270.16	11.01	3.00	230.13	41.02	4.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 4 - October 5th week - ServingDate: 11/02/2017							
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	2	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 5 - October 5th week - ServingDate: 11/03/2017							
String Cheese - SR1146 (1 stick.)	45	80.00	6.00	3.50	150.00	1.00	7.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	15	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	20	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Warm Cinnamon Roll - SR1383 (1 roll.)	20	180.00	1.50	0.50	140.00	36.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	3	150.00	3.50	0.00	115.00	30.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 5 - October 5th week - ServingDate: 11/03/2017							
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	5	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	35	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Strawberries - NER1161 (1/2 c.)	10	26.80	0.00	0.00	1.38	6.93	0.33
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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SY 17-18 Fall CH Breakfast Week 2 Day 1 November - ServingDate: 11/06/2017							
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	7	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	10	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	10	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	300.00	40.00	5.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00

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SY 17-18 Fall CH Breakfast Week 2 Day 1 November - ServingDate: 11/06/2017							
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	5	24.08	0.03	0.00	1.93	6.23	0.16
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 2 - November - ServingDate: 11/07/2017							
Egg & Cheese Croissant - NER1011 (1 sandwich)	25	390.00	21.50	11.00	825.00	35.00	13.50
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cherry Frudel Stick - SR1491 (1 pkg.)	25	210.00	6.00	1.00	260.00	37.00	5.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	13	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	22	90.00	2.50	0.00	100.00	16.00	2.00

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SY 17-18 Fall CH Breakfast Week 2 Day 2 - November - ServingDate: 11/07/2017							
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	15	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	5	99.92	0.16	0.02	9.83	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 3 - November - ServingDate: 11/08/2017							
Ham, Egg, & Cheese Biscuit - NER1399 (1 sandwich)	60	310.00	16.63	9.88	787.50	28.75	11.50
String Cheese - SR1146 (1 stick.)	40	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	6	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00

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SY 17-18 Fall CH Breakfast Week 2 Day 3 - November - ServingDate: 11/08/2017							
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	6	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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SY 17-18 Fall CH Breakfast Week 2 Day 4 - October - ServingDate: 11/09/2017							
Strawberry Fields Parfait - SR1738 (1 parfait)	30	482.88	7.67	1.68	249.01	97.51	11.01
Apple Frudel Stick - SR1747 (1 pkg.)	20	210.00	6.00	1.00	260.00	36.00	5.00
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cherry Frudel Stick - SR1491 (1 pkg.)	20	210.00	6.00	1.00	260.00	37.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	1	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08

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SY 17-18 Fall CH Breakfast Week 2 Day 4 - October - ServingDate: 11/09/2017							
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	5	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 5 - November - ServingDate: 11/10/2017							
Breakfast Kidzables - NER1033 (1 Box)	35	448.33	20.00	10.55	564.99	46.06	21.03
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	480.08	26.00	9.00
String Cheese - SR1146 (1 stick.)	35	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 2 Day 5 - November - ServingDate: 11/10/2017							
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	5	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 1 - November - ServingDate: 11/13/2017							
Ham & Cheese English Muffin - NER1207 (1 sandwich)	40	205.00	5.88	2.63	525.00	28.75	9.75
String Cheese - SR1146 (1 stick.)	15	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	1	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	15	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 1 - November - ServingDate: 11/13/2017							
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	2	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	2	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	30	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Pineapple Tidbits - SR1495 (1/2 c.)	5	71.56	0.10	0.01	1.19	18.73	0.50
use SR1161 - Apple - NER1343 (1 ea.)	5	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 2 - October - ServingDate: 11/14/2017							
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	20	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	20	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Dutch Waffle - NER1009 (1 ea.)	60	390.91	13.33	3.03	352.38	66.65	4.50
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	15	319.89	9.22	4.55	419.41	53.50	3.73
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 2 - October - ServingDate: 11/14/2017							
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 3 - November - ServingDate: 11/15/2017							
Sausage Breakfast Boat - NER1007 (1 ea.)	50	200.00	7.00	2.00	320.00	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	9	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	50	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 3 - November - ServingDate: 11/15/2017							
Trix Cereal - SR1184 (1 bowl)	2	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Red Seedless Grapes - SR1496 (1/2 c.)	5	62.60	0.14	0.05	1.81	16.42	0.65
Strawberries - NER1161 (1/2 c.)	5	26.80	0.00	0.00	1.38	6.93	0.33
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 4 - October - ServingDate: 11/16/2017							
Bacon and Cheese Toaster - NER1293 (1 ea.)	50	321.25	16.29	7.05	962.22	32.26	12.07
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Warm Cinnamon Roll - SR1383 (1 roll.)	25	180.00	1.50	0.50	140.00	36.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 4 - October - ServingDate: 11/16/2017							
Animal Crackers - NER1228 (1 ea.)	25	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	3	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	5	99.92	0.16	0.02	9.83	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 5 - October - ServingDate: 11/17/2017							
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	150.00	1.00	7.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	10	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	10	100.00	0.50	0.50	50.00	20.00	3.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 5 - October - ServingDate: 11/17/2017							
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	20	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Cinnamon Creamy Cheese Mini Bagels - SR1162 (1 pkg.)	30	240.00	6.00	2.50	180.00	41.00	6.00
Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.)	30	240.00	6.00	2.50	180.00	41.00	6.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 3 Day 5 - October - ServingDate: 11/17/2017							
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 1 - October - ServingDate: 11/20/2017							
Hearty Breakfast Taco - NER1158 (2 tacos)	50	507.93	23.92	7.81	1019.07	40.50	29.22
String Cheese - SR1146 (1 stick.)	50	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	10	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	20	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 4 Day 1 - October - ServingDate: 11/20/2017							
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Diced Bartlett Pears - SR1194 (1/2 c.)	5	24.08	0.03	0.00	1.93	6.23	0.16
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 2 - October - ServingDate: 11/21/2017							
Bacon, Egg, & Cheese Biscuit - NER1257 (1 sandwich)	50	380.00	23.83	13.00	1098.33	28.00	13.83
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	15	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 4 Day 2 - October - ServingDate: 11/21/2017							
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	20	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	15	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	5	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 4 Day 3 - October - ServingDate: 11/22/2017							
String Cheese - SR1146 (1 stick.)	50	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Mini Waffles - SR1594 (1 pkg.)	50	210.00	6.00	1.00	320.00	35.00	4.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	7	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	2	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 4 Day 3 - October - ServingDate: 11/22/2017							
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 1 - November - ServingDate: 11/27/2017							
String Cheese - SR1146 (1 stick.)	50	80.00	6.00	3.50	150.00	1.00	7.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	20	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	20	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	4	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	4	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	3	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Dutch Waffle - NER1009 (1 ea.)	50	390.91	13.33	3.03	352.38	66.65	4.50
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 1 - November - ServingDate: 11/27/2017							
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	20	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	10	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Pears - SR1585 (1 medium)	10	101.46	0.25	0.04	1.78	27.11	0.64
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 2 - October -5th week - ServingDate: 11/28/2017							
Crispy Bacon Breakfast Boat - NER1008 (1 ea.)	50	210.00	8.00	2.50	360.00	25.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	2	100.00	2.00	0.00	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	2	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	2	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	8	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	50	127.09	3.91	0.98	107.53	20.53	1.96

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 2 - October -5th week - ServingDate: 11/28/2017							
Froot Loops - NER1002 (1 ea.)	4	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	8	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	10	319.89	9.22	4.55	419.41	53.50	3.73
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	30	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	30	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 3 - November - ServingDate: 11/29/2017							
Breakfast on a Stick - SR1187 (1 serving)	0	168.44	7.93	1.98	297.25	17.84	7.93
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	4	100.00	2.00	0.00	140.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 3 - November - ServingDate: 11/29/2017							
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	2	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	2	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	3	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	50	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	2	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	2	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	10	95.00	0.17	0.03	1.00	25.00	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL

Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 4 - October 2017 - ServingDate: 11/30/2017							
American Breakfast Bagel Sandwich - SR1645 (1 sandwich)	50	271.67	8.75	3.75	578.33	35.17	14.00
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	2	100.00	2.00	0.00	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	10	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	60	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	30	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	10	105.02	0.39	0.13	1.18	26.95	1.29

Menu Calendar Nutrient Analysis Report - November, 2017

Site: ALL
 Date: 11/01/2017 - 11/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 4 - October 2017 - ServingDate: 11/30/2017							
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: BRKFST-Café Classics
 Serving Group: K-5
 Nutrients Option: Expanded