

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 1 Day 1 - October - ServingDate: 10/02/2017							
Rib-BQ Sub Sandwich - SR1103 (1 sandwich)	20	292.28	12.06	3.50	815.40	32.66	18.23
Peppy Pepperoni and Cheddar Kidzables - NER1026 (1 Box)	20	578.50	28.41	10.80	791.06	66.41	16.43
Cheese Pizza Square - SR1024 (1 slice)	20	300.00	11.00	4.00	580.00	37.00	15.00
Hearty Garden Salad - NER1310 (1 ea.)	20	354.86	7.27	1.67	484.71	54.36	17.54
Turkey & Cheese Sub - NER1128 (1 ea.)	20	301.67	9.83	3.75	816.67	31.83	21.83
Chilled Pineapple - SR1495 (1/2 c.)	50	62.40	0.00	0.00	1.04	16.18	0.53
use SR1161 - Apple - NER1343 (1 ea.)	50	95.00	0.17	0.03	1.00	25.00	0.26
Black Beans - NER1256 (1/2 c.)	20	116.31	0.49	0.00	135.69	22.29	6.79
Fresh Broccoli Florets - SR1027 (1/2 c.)	30	10.84	0.12	0.01	10.53	2.12	0.90
California Blend Vegetable - NER1194 (1/2 c.)	50	26.10	0.00	0.00	36.54	5.22	1.04
Green Peas - NER1021 (1/2 c.)	20	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	30	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	20	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	20	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	20	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	20	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (2 tbsp.)	20	(M)	(M)	(M)	(M)	(M)	(M)
Light Mayo - SR1005 (1 tbsp.)	20	45.00	4.00	0.50	130.00	2.00	0.00

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SY 17-18 Fall CH Lunch Week 1 Day 1 - October - ServingDate: 10/02/2017							
Yellow Mustard - SR1603 (1 oz.)	20	0.00	0.00	0.00	340.20	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 1 Day 2 - October - ServingDate: 10/03/2017							
Giant Chicken Taco - SR1485 (2 tacos)	20	659.56	29.62	12.03	1068.70	53.89	48.51
Corn Dog - SR1023 (1 corn dog)	20	240.00	8.00	0.00	390.00	30.00	9.00
Ham & Cheese Sub - SR1097 (1 sandwich)	20	326.67	15.00	6.50	1003.33	28.67	21.00
Poppin' Chicken Salad - NER1020 (1 salad)	10	428.09	16.38	4.80	727.66	39.79	25.74
Terrific Turkey Kidzables - NER1015 (1 Box)	10	428.33	14.34	5.03	754.33	55.67	21.93
Cheesy Eggs - SR1192 (1/4 c.)	20	102.50	6.75	2.42	101.67	0.00	8.58
Country Breakfast Sausage Patty - SR1157 (1 patty)	20	60.00	4.50	1.50	80.00	0.00	6.00
Dutch Waffle - NER1009 (1 ea.)	20	390.91	13.33	3.03	352.38	66.65	4.50
Diced Bartlett Pears - SR1194 (1/2 c.)	50	70.42	0.10	0.01	5.63	18.22	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	50	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Fresh Celery Sticks - SR1014 (6 stick (4")	25	10.34	0.11	0.03	51.71	1.92	0.45
Chilled Corn - SR1033 (1/2 c.)	50	68.89	0.57	0.09	0.85	16.41	2.17
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Spinach - NER1031 (1/2 c.)	25	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00

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SY 17-18 Fall CH Lunch Week 1 Day 2 - October - ServingDate: 10/03/2017							
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	20	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	20	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 fl. oz.)	20	(M)	(M)	(M)	(M)	(M)	(M)
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	20	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 oz.)	20	0.00	0.00	0.00	340.20	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	20	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 1 Day 3 - October - ServingDate: 10/04/2017							
Crispy Chicken Nuggets - NER1148 (5 ea.)	20	274.77	15.70	2.62	418.70	17.01	17.01
Fresh Fruit Plate with Muffin - NER1023 (1 Box)	10	910.81	20.71	7.66	569.51	172.03	22.04
Hot Ham and Cheese Sandwich - NER1218 (1 ea.)	20	240.00	7.25	2.75	665.00	32.50	13.00
Pepperoni Pizza Kidzables - NER1022 (1 Box)	10	470.38	17.61	7.47	1067.69	61.52	19.08
Sloppy Joe - NER1294 (1 ea.)	20	281.75	4.33	0.93	620.86	43.71	21.40
Zesty Italian Wrap - NER1296 (1 ea.)	20	339.74	13.42	5.39	866.24	37.39	19.61
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00

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SY 17-18 Fall CH Lunch Week 1 Day 3 - October - ServingDate: 10/04/2017							
100% Apple Juice - SR1204 (4 fl oz cup)	20	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	20	55.51	0.13	0.01	2.64	14.89	0.23
Grape Juice - SR1607 (4 fl oz cup)	20	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	14.00	0.00
Strawberries - NER1162 (1/2 c.)	20	124.41	0.17	0.01	4.06	33.59	0.69
Red Pepper Strips - SR1011 (1/4 c.)	25	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	50	168.36	12.11	6.66	477.56	5.29	10.28
Robust Cherry Tomatoes - NER1017 (1/2 c.)	25	18.00	0.20	0.03	5.00	3.89	0.50
Shelled Edamame - NER1024 (1/2 c.)	25	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00

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SY 17-18 Fall CH Lunch Week 1 Day 3 - October - ServingDate: 10/04/2017							
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 1 Day 4 - October - ServingDate: 10/05/2017							
Beef Hot Dog - NER1255 (1 serving (1))	20	342.25	18.20	7.09	847.13	34.04	12.07
Blueberry Streusel Parfait - NER1109 (1 ea.)	10	458.93	3.99	1.04	200.76	96.29	12.32
Chicken Ranchero Wrap - NER1131 (1 ea.)	20	424.85	21.24	7.71	771.41	36.94	20.60
Hearty Ham Kidzables - NER1028 (1 Box)	20	376.48	13.17	4.28	535.00	53.12	13.23
Beefy Nachos - NER1189 (1 ea.)	20	397.17	20.60	7.62	774.37	35.56	18.61
Hardy Chef Salad - NER1260 (1 salad)	10	139.37	8.03	3.62	266.31	4.61	12.42
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	10	229.38	5.74	3.00	307.16	36.28	8.09
Mixed Fruit - NER1167 (1/2 c.)	50	65.00	0.00	0.00	5.42	14.08	1.08
Red Seedless Grapes - SR1496 (1/2 c.)	50	62.60	0.14	0.05	1.81	16.42	0.65
Cheese Smothered Refried Beans - NER1192 (1/2 c.)	50	187.69	7.54	3.08	440.77	20.00	10.31
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Corn & Cilantro Salad - NER1150 (1/2 c.)	25	64.00	0.63	0.01	2.37	12.41	2.01
Fresh Spinach - NER1031 (1/2 c.)	25	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00

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SY 17-18 Fall CH Lunch Week 1 Day 4 - October - ServingDate: 10/05/2017							
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Chunky Salsa - NER1301 (2 tbsp.)	10	12.00	0.00	0.00	230.00	3.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 1 Day 5 - October - ServingDate: 10/06/2017							
Crispy Chicken Sandwich on Whole Grain Bun - NER1085 (1 ea.)	20	363.86	13.21	2.55	677.72	35.08	22.31
Breakfast Kidzables - NER1033 (1 Box)	20	448.33	20.00	10.55	564.99	46.06	21.03
Pinata Salad - NER1115 (1 ea.)	20	431.59	15.38	3.44	718.36	48.50	22.68
use SR1036 - Pizza Sticks - NER1036 (2 ea.)	20	292.44	11.09	5.04	534.45	30.25	19.16
Wrap, Sunbutter & Banana - NER1398 (1 ea.)	20	500.35	30.36	3.64	400.69	48.25	15.42
Banana - SR1166 (1 medium (7"))	50	105.02	0.39	0.13	1.18	26.95	1.29
Bright Blueberries - NER1196 (1/2 c.)	50	52.70	0.66	0.06	1.03	12.58	0.43

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Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Crunchy Cauliflower - NER1121 (1/2 c.)	25	13.38	0.15	0.07	16.05	2.66	1.03
Cucumber Coins - SR1013 (1/2 cup, slice)	25	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Smiles - NER1040 (4 ea.)	25	130.00	4.50	0.50	180.00	20.00	2.00
Zesty Marinara Sauce - NER1212 (1/2 c.)	25	49.06	0.00	0.00	490.57	9.81	1.96
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 2 Day 1 - October - ServingDate: 10/09/2017							
Pepperoni Pizza Square - SR1025 (1 slice)	20	324.60	13.19	4.82	662.92	37.09	16.00

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SY 17-18 Fall CH Lunch Week 2 Day 1 - October - ServingDate: 10/09/2017							
Chicken Caesar Salad - NER1311 (1 ea.)	20	286.56	12.96	4.05	685.58	20.46	19.61
Sweet and Sour Chicken - NER1208 (1 c.)	20	312.34	12.80	1.58	617.86	36.01	13.06
Tangy Turkey & Cheese Wrap - SR1154 (1 wrap)	20	378.96	18.02	6.76	1198.18	35.20	21.63
Terrific Turkey Kidzables - NER1015 (1 Box)	20	428.33	14.34	5.03	754.33	55.67	21.93
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00
Brown Rice - NER1169 (1/2 c.)	20	117.19	0.69	0.00	2.03	25.51	2.76
Diced Peaches - SR1196 (1/2 c.)	50	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	50	95.00	0.17	0.03	1.00	25.00	0.26
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Fresh Celery Sticks - SR1014 (6 stick (4")	25	10.34	0.11	0.03	51.71	1.92	0.45
Chilled Corn - SR1033 (1/2 c.)	50	68.89	0.57	0.09	0.85	16.41	2.17
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00

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SY 17-18 Fall CH Lunch Week 2 Day 1 - October - ServingDate: 10/09/2017							
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 2 Day 2 - October - ServingDate: 10/10/2017							
Baked Penne Pasta - SR1133 (2 #8 scoop)	20	402.13	14.58	7.33	1642.60	51.18	22.66
Ham & Cheese Sub - SR1097 (1 sandwich)	20	326.67	15.00	6.50	1003.33	28.67	21.00
Hearty Ham Kidzables - NER1028 (1 Box)	20	376.48	13.17	4.28	535.00	53.12	13.23
Mandarin Chicken Salad - NER1265 (1 ea.)	10	226.00	9.76	2.03	371.62	20.34	14.33
Strawberry Fields Parfait - NER1112 (1 ea.)	10	459.00	3.50	1.00	202.00	97.09	12.48
Fiesta Beef Soft Taco - NER1178 (2 tacos)	20	326.85	10.07	3.40	965.33	35.77	23.87
Whole Grain Dinner Roll - NER1075 (1 ea.)	30	110.00	1.50	0.00	135.00	20.00	4.00
Diced Bartlett Pears - SR1194 (1/2 c.)	50	70.42	0.10	0.01	5.63	18.22	0.00
Orange Smiles - SR1172 (6 slice or w)	50	45.12	0.12	0.01	0.00	11.28	0.90
Robust Cherry Tomatoes - NER1017 (1/2 c.)	25	18.00	0.20	0.03	5.00	3.89	0.50
Green Peas - NER1021 (1/2 c.)	25	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	50	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Spinach - NER1031 (1/2 c.)	50	21.00	0.27	0.03	55.30	2.54	2.00

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SY 17-18 Fall CH Lunch Week 2 Day 2 - October - ServingDate: 10/10/2017							
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Green Pepper Strips - SR1658 (1/4 cup strips)	25	6.17	0.05	0.02	0.93	1.43	0.27
Chunky Salsa - NER1301 (2 tbsp.)	10	12.00	0.00	0.00	230.00	3.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 2 Day 3 - October - ServingDate: 10/11/2017							
Cheesy Quesadilla - NER1170 (1 ea.)	20	370.00	20.00	9.50	600.00	29.00	21.00
Crispy Chicken Nuggets - NER1148 (5 ea.)	20	274.77	15.70	2.62	418.70	17.01	17.01
Pepperoni Pizza Kidzables - NER1022 (1 Box)	20	470.38	17.61	7.47	1067.69	61.52	19.08
Turkey & Cheddar Sandwich - NER1137 (1 ea.)	20	307.35	9.89	3.78	567.73	33.34	20.88
Fresh Vegetable Plate - NER1030 (1 Box)	20	648.68	34.07	4.15	521.12	64.68	21.41

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Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 2 Day 3 - October - ServingDate: 10/11/2017							
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00
100% Apple Juice - SR1204 (4 fl oz cup)	20	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	20	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	20	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	20	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Crunchy Cauliflower - NER1121 (1/2 c.)	25	13.38	0.15	0.07	16.05	2.66	1.03
Cucumber Coins - SR1013 (1/2 cup, slice)	25	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Steamed Carrots - NER1282 (1/2 c.)	50	25.38	0.09	0.02	56.55	5.97	0.46
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Chunky Salsa - NER1301 (2 tbsp.)	10	12.00	0.00	0.00	230.00	3.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 2 Day 3 - October - ServingDate: 10/11/2017							
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 2 Day 4 Z - October - ServingDate: 10/12/2017							
Banana Split Parfait - NER1032 (1 ea.)	10	589.02	5.89	3.13	203.18	126.04	13.77
Buffalo Chicken Wrap - SR1153 (1 wrap)	20	442.89	20.89	5.29	1908.71	45.79	21.37
Chicken Popper Kidzables - NER1018 (1 Box)	20	430.91	9.47	1.99	1200.98	63.32	20.52
Country Fried Breaded Beef Steak with Mashed Potatoes, Gravy & Roll - NER1358 (1 patty)	20	28.83	1.37	0.44	53.98	3.22	0.88
Goosey Grilled Cheese Sandwich - NER1217 (1 ea.)	20	360.00	20.00	10.00	1210.00	32.00	14.00
Hawaiian Salad - NER1299 (1 ea.)	10	239.25	7.05	3.79	338.57	35.27	14.61
Whole Grain Dinner Roll - NER1075 (1 ea.)	10	110.00	1.50	0.00	135.00	20.00	4.00
Whole Grain Cookie - NER1336 (1 ea.)	100	111.38	3.54	1.01	86.06	18.23	1.01
Bright Blueberries - NER1196 (1/2 c.)	50	52.70	0.66	0.06	1.03	12.58	0.43
Fresh Strawberries - NER1160 (1/2 c.)	50	26.56	0.25	0.01	0.83	6.37	0.56
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Hummus - NER1221 (1/2 c.)	25	280.00	16.00	2.00	640.00	28.00	12.00
Whipped Potatoes - SR1112 (1/2 c.)	50	111.89	1.53	1.02	120.53	21.36	2.03
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Spinach - NER1031 (1/2 c.)	25	21.00	0.27	0.03	55.30	2.54	2.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 2 Day 4 Z - October - ServingDate: 10/12/2017							
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Brown Gravy - SR1113 (1 fl. oz.)	20	12.66	0.25	0.00	66.70	2.53	0.35
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 2 Day 5 - October - ServingDate: 10/13/2017							
Cheese BLT Sandwich - NER1127 (1 ea.)	20	429.30	25.28	12.00	1469.34	34.26	17.50
Hamburger - SR1106 (1 burger)	20	230.00	7.00	2.00	395.00	27.00	15.00
Creamy Mac and Cheese - NER1157 (1 c.)	20	485.43	25.55	13.97	980.20	40.81	25.78
Peppy Pepperoni and Cheddar Kidzables - NER1026 (1 Box)	20	578.50	28.41	10.80	791.06	66.41	16.43
Atomic Chicken Salad - NER1111 (1 ea.)	20	309.22	14.28	4.53	482.64	27.52	17.66

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 2 Day 5 - October - ServingDate: 10/13/2017							
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	20	229.38	5.74	3.00	307.16	36.28	8.09
Chilled Pineapple - SR1495 (1/2 c.)	50	62.40	0.00	0.00	1.04	16.18	0.53
use SR1161 - Apple - NER1343 (1 ea.)	50	95.00	0.17	0.03	1.00	25.00	0.26
Brown Sugar Baked Beans - NER1191 (1/2 c.)	25	114.38	0.00	0.00	483.90	25.52	6.16
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Cucumber Coins - SR1013 (1/2 cup, slice)	50	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Potato Salad - NER1069 (1/2 c.)	25	190.00	8.00	1.00	600.00	28.00	2.00
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	20	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 1 - October - ServingDate: 10/16/2017							
Cheese Pizza Square - SR1024 (1 slice)	20	300.00	11.00	4.00	580.00	37.00	15.00
Smokey BBQ Chicken Salad - NER1274 (1 ea.)	20	185.48	6.68	3.07	347.69	12.91	19.82
Sunbutter & Jelly Sandwich - SR1062 (1 sandwich)	20	585.02	34.84	4.11	526.27	51.26	20.37
Teriyaki Chicken - SR1051 (5 nugget)	20	339.50	12.97	2.50	828.93	39.96	16.97
Terrific Turkey Kidzables - NER1015 (1 Box)	20	428.33	14.34	5.03	754.33	55.67	21.93
Baked Biscuit - SR1598 (1 biscuit)	20	200.00	9.00	7.00	440.00	27.00	4.00
Brown Rice - NER1169 (1/2 c.)	20	117.19	0.69	0.00	2.03	25.51	2.76
Bright Blueberries - NER1196 (1/2 c.)	50	52.70	0.66	0.06	1.03	12.58	0.43
Fresh Whole Oranges - SR1171 (1 small (2-3))	50	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	50	24.81	0.09	0.02	55.28	5.84	0.45
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	51.71	1.92	0.45
Steamed Green Beans - SR1021 (1/2 c.)	25	19.40	0.12	0.03	37.71	4.47	1.03
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Sliced Black Olives - SR1390 (1/2 c.)	10	108.33	10.83	0.00	541.67	4.33	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 1 - October - ServingDate: 10/16/2017							
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 3 Day 2 - October - ServingDate: 10/17/2017							
BBQ Chicken Sandwich - NER1241 (1/4 c.)	20	265.38	4.34	0.67	538.03	35.80	22.68
Beefy Nachos - NER1189 (1 ea.)	20	397.17	20.60	7.62	774.37	35.56	18.61
Pepperoni Pizza Kidzables - NER1022 (1 Box)	20	470.38	17.61	7.47	1067.69	61.52	19.08
Poppin' Chicken Salad - NER1020 (1 salad)	10	428.09	16.38	4.80	727.66	39.79	25.74
Turkey & Cheddar Sandwich - NER1137 (1 ea.)	10	307.35	9.89	3.78	567.73	33.34	20.88
Cheesy Eggs - SR1192 (1/4 c.)	20	102.50	6.75	2.42	101.67	0.00	8.58
Country Breakfast Sausage Patty - SR1157 (1 patty)	20	60.00	4.50	1.50	80.00	0.00	6.00
Whole Grain Dinner Roll - NER1075 (1 ea.)	10	110.00	1.50	0.00	135.00	20.00	4.00
Dutch Waffle - NER1009 (1 ea.)	20	390.91	13.33	3.03	352.38	66.65	4.50
Diced Peaches - SR1196 (1/2 c.)	50	59.11	0.04	0.00	5.37	15.54	0.85
use SR1161 - Apple - NER1343 (1 ea.)	50	95.00	0.17	0.03	1.00	25.00	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 2 - October - ServingDate: 10/17/2017							
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
California Blend Vegetable - NER1194 (1/2 c.)	50	26.10	0.00	0.00	36.54	5.22	1.04
Robust Cherry Tomatoes - NER1017 (1/2 c.)	25	18.00	0.20	0.03	5.00	3.89	0.50
Cucumber Coins - SR1013 (1/2 cup, slice)	25	7.80	0.06	0.02	1.04	1.89	0.34
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 3 Day 3 - October - ServingDate: 10/18/2017							
Chicken Fajita Salad - NER1344 (1 ea.)	20	354.14	14.76	4.83	653.83	33.45	23.72
Crispy Chicken Nuggets - NER1148 (5 ea.)	20	274.77	15.70	2.62	418.70	17.01	17.01

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 3 - October - ServingDate: 10/18/2017							
Hearty Ham Kidzables - NER1028 (1 Box)	20	376.48	13.17	4.28	535.00	53.12	13.23
Italian Sub, k-5 - NER1397 (1 ea.)	20	297.01	12.66	4.61	701.41	32.55	15.59
Mighty Meatball Sub - NER1307 (1 ea.)	20	365.61	16.20	6.55	648.94	37.42	21.65
100% Apple Juice - SR1204 (4 fl oz cup)	20	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	20	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	20	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	20	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Broccoli with Cheese - NER1052 (1/2 c.)	50	168.36	12.11	6.66	477.56	5.29	10.28
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Crunchy Cauliflower - NER1121 (1/2 c.)	25	13.38	0.15	0.07	16.05	2.66	1.03
Shelled Edamame - NER1024 (1/2 c.)	25	7.82	0.34	0.04	0.39	0.57	0.77
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 3 - October - ServingDate: 10/18/2017							
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 3 Day 4 - October - ServingDate: 10/19/2017							
American-style Deli Sandwich - SR1064 (1 sandwich)	20	300.00	13.83	6.00	1063.33	25.67	21.33
Blueberry Streusel Parfait - NER1109 (1 ea.)	10	458.93	3.99	1.04	200.76	96.29	12.32
Chicken Popper Kidzables - NER1018 (1 Box)	20	430.91	9.47	1.99	1200.98	63.32	20.52
Crispito with Cheese Sauce - NER1140 (1 ea.)	20	127.08	9.77	5.30	372.16	2.41	7.29
Italian Dunkers - NER1306 (1 ea.)	20	425.13	25.01	11.50	720.93	34.13	22.26
Hardy Chef Salad - NER1260 (1 salad)	10	139.37	8.03	3.62	266.31	4.61	12.42
Whole Grain Dinner Roll - NER1075 (1 ea.)	10	110.00	1.50	0.00	135.00	20.00	4.00
Red Seedless Grapes - SR1496 (1/2 c.)	50	62.60	0.14	0.05	1.81	16.42	0.65
Strawberries - NER1161 (1/2 c.)	50	26.80	0.00	0.00	1.38	6.93	0.33
Southwest Pinto Beans - NER1151 (1/2 c.)	25	119.00	0.25	0.03	166.60	21.46	6.95
Red Pepper Strips - SR1011 (1/4 c.)	25	9.57	0.09	0.01	1.23	1.86	0.31
Fresh Broccoli Florets - SR1027 (1/2 c.)	50	10.84	0.12	0.01	10.53	2.12	0.90
Fresh Celery Sticks - SR1014 (6 stick (4")	25	10.34	0.11	0.03	51.71	1.92	0.45
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 4 - October - ServingDate: 10/19/2017							
Zesty Marinara Sauce - NER1212 (1/2 c.)	20	49.06	0.00	0.00	490.57	9.81	1.96
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Chunky Salsa - NER1301 (2 tbsp.)	10	12.00	0.00	0.00	230.00	3.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 3 Day 5 - October - ServingDate: 10/20/2017							
Beef Hot Dog - NER1255 (1 serving (1))	20	342.25	18.20	7.09	847.13	34.04	12.07
Breakfast Kidzables - NER1033 (1 Box)	20	448.33	20.00	10.55	564.99	46.06	21.03
Ham & Cheese Wrap, 8" tortilla, lite ranch dressing - SR1722 (1 wrap)	20	(M)	(M)	(M)	(M)	(M)	(M)
Popcorn Chicken Bowl - NER1259 (1 ea.)	20	545.71	18.55	2.64	1532.89	62.59	17.62

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 5 - October - ServingDate: 10/20/2017							
Hearty Garden Salad - NER1310 (1 ea.)	20	354.86	7.27	1.67	484.71	54.36	17.54
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00
Fresh Canteloupe - NER1273 (1 c.)	50	90.67	0.51	0.14	42.67	21.76	2.24
Mixed Fruit - NER1167 (1/2 c.)	50	65.00	0.00	0.00	5.42	14.08	1.08
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Whipped Potatoes - SR1112 (1/2 c.)	50	111.89	1.53	1.02	120.53	21.36	2.03
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Creamy Cucumber Yogurt Salad - NER1247 (1/2 c.)	25	36.13	1.06	0.60	224.19	5.05	2.00
Fresh Spinach - NER1031 (1/2 c.)	25	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Brown Gravy - SR1113 (1 fl. oz.)	10	12.66	0.25	0.00	66.70	2.53	0.35
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 3 Day 5 - October - ServingDate: 10/20/2017							
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 4 Day 1 - October - ServingDate: 10/23/2017							
Chicken Tacos - SR1415 (2 tacos)	20	349.84	14.36	5.39	545.76	32.21	22.94
Hearty Ham Kidzables - NER1028 (1 Box)	20	376.48	13.17	4.28	535.00	53.12	13.23
Pepperoni Pizza Square - SR1025 (1 slice)	20	324.60	13.19	4.82	662.92	37.09	16.00
Chicken Caesar Salad - NER1311 (1 ea.)	20	286.56	12.96	4.05	685.58	20.46	19.61
Spicy Chicken Wrap - NER1290 (1 wrap)	20	473.51	20.56	5.29	908.97	52.33	22.71
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00
Diced Peaches - SR1196 (1/2 c.)	50	59.11	0.04	0.00	5.37	15.54	0.85
Red Seedless Grapes - SR1496 (1/2 c.)	50	62.60	0.14	0.05	1.81	16.42	0.65
Black Beans - NER1256 (1/2 c.)	25	116.31	0.49	0.00	135.69	22.29	6.79
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Chilled Corn - SR1033 (1/2 c.)	50	68.89	0.57	0.09	0.85	16.41	2.17
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 4 Day 1 - October - ServingDate: 10/23/2017							
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 4 Day 2 - October - ServingDate: 10/24/2017							
Cheeseburger - SR1056 (1 burger)	20	280.00	11.50	4.50	650.00	27.00	17.50
Pepperoni Pizza Kidzables - NER1022 (1 Box)	20	470.38	17.61	7.47	1067.69	61.52	19.08
Mandarin Chicken Salad - NER1265 (1 ea.)	10	226.00	9.76	2.03	371.62	20.34	14.33
Sausage Biscuit & Gravy - NER1232 (1 ea.)	20	543.50	33.34	17.00	1710.70	55.35	10.00
Strawberry Fields Parfait - SR1738 (1 parfait)	10	482.88	7.67	1.68	249.01	97.51	11.01
Zesty Italian Wrap - NER1296 (1 ea.)	20	339.74	13.42	5.39	866.24	37.39	19.61
Whole Grain Dinner Roll - NER1075 (1 ea.)	10	110.00	1.50	0.00	135.00	20.00	4.00
Orange Smiles - SR1172 (6 slice or w)	50	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Pineapple - SR1495 (1/2 c.)	50	62.40	0.00	0.00	1.04	16.18	0.53
Fresh Celery Sticks - SR1014 (6 stick (4")	50	10.34	0.11	0.03	51.71	1.92	0.45

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 4 Day 2 - October - ServingDate: 10/24/2017							
Green Peas - NER1021 (1/2 c.)	25	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Spinach - NER1031 (1/2 c.)	25	21.00	0.27	0.03	55.30	2.54	2.00
Tomato Wedge - NER1068 (1/2 c.)	25	19.00	0.20	0.00	5.00	3.90	0.90
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	10	0.00	0.00	0.00	101.00	0.00	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 4 Day 3 - October - ServingDate: 10/25/2017							
Breakfast Kidzables - NER1033 (1 Box)	20	448.33	20.00	10.55	564.99	46.06	21.03
Crispy Chicken Nuggets - NER1148 (5 ea.)	20	274.77	15.70	2.62	418.70	17.01	17.01

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 4 Day 3 - October - ServingDate: 10/25/2017							
Hot Ham and Cheese Sandwich - NER1218 (1 ea.)	20	240.00	7.25	2.75	665.00	32.50	13.00
Turkey Club Sandwich - NER1132 (1 ea.)	20	339.30	11.28	3.50	799.34	35.26	23.50
Fresh Vegetable Plate - NER1030 (1 Box)	20	648.68	34.07	4.15	521.12	64.68	21.41
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00
100% Apple Juice - SR1204 (4 fl oz cup)	20	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	25	105.02	0.39	0.13	1.18	26.95	1.29
Cinnamon Applesauce - NER1165 (1/2 c.)	25	60.33	0.16	0.02	2.84	16.47	0.30
Grape Juice - SR1607 (4 fl oz cup)	10	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	20	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Cucumber Coins - SR1013 (1/2 cup, slice)	25	7.80	0.06	0.02	1.04	1.89	0.34
Chickpeas - NER1245 (1/2 c.)	25	130.00	2.00	0.00	440.00	22.00	5.00
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Steamed Carrots - NER1282 (1/2 c.)	50	25.38	0.09	0.02	56.55	5.97	0.46
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 4 Day 3 - October - ServingDate: 10/25/2017							
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 4 Day 4 - October - ServingDate: 10/26/2017							
Banana Split Parfait - NER1032 (1 ea.)	10	589.02	5.89	3.13	203.18	126.04	13.77
Cheese BLT Sandwich - NER1127 (1 ea.)	20	429.30	25.28	12.00	1469.34	34.26	17.50
Chicken Alfredo Macaroni - SR1128 (2 #8 scoop)	20	303.35	9.78	5.24	593.72	37.66	20.43
Mini Corn Dogs - NER1200 (6 ea.)	20	341.05	20.25	5.33	799.33	29.84	10.66
Hardy Chef Salad - NER1260 (1 salad)	10	139.37	8.03	3.62	266.31	4.61	12.42
Terrific Turkey Kidzables - NER1015 (1 Box)	20	428.33	14.34	5.03	754.33	55.67	21.93
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	10	229.38	5.74	3.00	307.16	36.28	8.09
Lemon Wedges - NER1263 (1/2 c.)	50	24.00	0.20	0.00	1.00	5.40	0.60
Strawberries - NER1161 (1/2 c.)	50	26.80	0.00	0.00	1.38	6.93	0.33
Red Pepper Strips - SR1011 (1/4 c.)	25	9.57	0.09	0.01	1.23	1.86	0.31
Steamed Green Beans - SR1021 (1/2 c.)	20	19.40	0.12	0.03	37.71	4.47	1.03
Mixed Greens - SR1080 (1/2 c.)	20	5.57	0.06	0.01	11.56	1.04	0.53

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 4 Day 4 - October - ServingDate: 10/26/2017							
Fresh Spinach - NER1031 (1/2 c.)	20	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Sliced Black Olives - SR1390 (1/2 c.)	10	108.33	10.83	0.00	541.67	4.33	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 4 Day 5 - October - ServingDate: 10/27/2017							
Crispy Chicken Sandwich on Whole Grain Bun - NER1085 (1 ea.)	20	363.86	13.21	2.55	677.72	35.08	22.31
Chicken Popper Kidzables - NER1018 (1 Box)	20	430.91	9.47	1.99	1200.98	63.32	20.52
Hawaiian Salad - NER1299 (1 ea.)	20	239.25	7.05	3.79	338.57	35.27	14.61
Sunbutter & Jelly Sandwich - SR1062 (1 sandwich)	20	585.02	34.84	4.11	526.27	51.26	20.37
Tater Tot Bake - NER1209 (1/2 c.)	20	146.82	6.95	2.60	355.85	11.26	9.94

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 4 Day 5 - October - ServingDate: 10/27/2017							
Toasted Bagel with Cream Cheese - NER1164 (1 ea.)	20	229.38	5.74	3.00	307.16	36.28	8.09
Watermelon - SR1299 (1/2 c.)	50	45.36	0.23	0.02	1.51	11.41	0.92
Mixed Fruit - NER1167 (1/2 c.)	50	65.00	0.00	0.00	5.42	14.08	1.08
Carolina Coleslaw - NER1171 (1/3 c.)	25	94.74	4.80	0.69	193.46	12.03	0.84
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Oven Fries - NER1205 (1/2 c.)	50	99.10	3.43	0.00	121.97	16.77	1.52
Zucchini Sticks - SR1049 (3 stick.)	25	9.61	0.18	0.05	4.52	1.76	0.68
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 1 Day 1 - October 5th week - ServingDate: 10/30/2017							
Rib-BQ Sub Sandwich - SR1103 (1 sandwich)	20	292.28	12.06	3.50	815.40	32.66	18.23
Peppy Pepperoni and Cheddar Kidzables - NER1026 (1 Box)	20	578.50	28.41	10.80	791.06	66.41	16.43
Cheese Pizza Square - SR1024 (1 slice)	20	300.00	11.00	4.00	580.00	37.00	15.00
Hearty Garden Salad - NER1310 (1 ea.)	20	354.86	7.27	1.67	484.71	54.36	17.54
Turkey & Cheese Sub - NER1128 (1 ea.)	20	301.67	9.83	3.75	816.67	31.83	21.83
Chilled Pineapple - SR1495 (1/2 c.)	50	62.40	0.00	0.00	1.04	16.18	0.53
use SR1161 - Apple - NER1343 (1 ea.)	50	95.00	0.17	0.03	1.00	25.00	0.26
Black Beans - NER1256 (1/2 c.)	25	116.31	0.49	0.00	135.69	22.29	6.79
Fresh Broccoli Florets - SR1027 (1/2 c.)	25	10.84	0.12	0.01	10.53	2.12	0.90
Green Peas - NER1021 (1/2 c.)	25	69.85	0.36	0.06	97.98	12.36	4.74
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Crispy Oven Fries - NER1205 (1/2 c.)	50	99.10	3.43	0.00	121.97	16.77	1.52
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	10	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 1 Day 1 - October 5th week - ServingDate: 10/30/2017							
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00
SY 17-18 Fall CH Lunch Week 1 Day 2 October - 5th week - ServingDate: 10/31/2017							
Twisted Dog - SR1119 (1 serving (1))	20	258.52	10.29	2.72	461.79	27.69	13.10
Poppin' Chicken Salad - NER1020 (1 salad)	20	428.09	16.38	4.80	727.66	39.79	25.74
Terrific Turkey Kidzables - NER1015 (1 Box)	20	428.33	14.34	5.03	754.33	55.67	21.93
Wrap, Sunbutter & Banana - NER1398 (1 ea.)	20	500.35	30.36	3.64	400.69	48.25	15.42
Cheesy Eggs - SR1192 (1/4 c.)	20	102.50	6.75	2.42	101.67	0.00	8.58
Country Breakfast Sausage Patty - SR1157 (1 patty)	20	60.00	4.50	1.50	80.00	0.00	6.00
Whole Grain Dinner Roll - NER1075 (1 ea.)	20	110.00	1.50	0.00	135.00	20.00	4.00
Dutch Waffle - NER1009 (1 ea.)	20	390.91	13.33	3.03	352.38	66.65	4.50
Diced Bartlett Pears - SR1194 (1/2 c.)	25	70.42	0.10	0.01	5.63	18.22	0.00
Orange Jell-O - NER1155 (1/2 c.)	50	70.33	0.00	0.00	55.63	16.71	1.10
Fresh Whole Oranges - SR1171 (1 small (2-3))	25	45.12	0.12	0.01	0.00	11.28	0.90
Fresh Baby Carrots - SR1016 (1/2 c.)	25	24.81	0.09	0.02	55.28	5.84	0.45
Fresh Celery Sticks - SR1014 (6 stick (4")	25	10.34	0.11	0.03	51.71	1.92	0.45
Chilled Corn - SR1033 (1/2 c.)	50	68.89	0.57	0.09	0.85	16.41	2.17

Menu Calendar Nutrient Analysis Report - October, 2017

Site: ALL
 Date: 10/01/2017 - 10/31/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 Fall CH Lunch Week 1 Day 2 October - 5th week - ServingDate: 10/31/2017							
Mixed Greens - SR1080 (1/2 c.)	25	5.57	0.06	0.01	11.56	1.04	0.53
Fresh Spinach - NER1031 (1/2 c.)	25	21.00	0.27	0.03	55.30	2.54	2.00
1% Milk - NER1334 (1 ea.)	25	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	50	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
BBQ Sauce - NER1045 (1 pouch)	0	0.04	0.00	0.00	0.49	0.01	0.00
Dorothy Lynch Dressing - NER1047 (1 tbsp.)	10	30.00	0.00	0.00	80.00	7.00	0.00
Italian Dressing - SR1489 (1 tbsp.)	10	5.00	0.00	0.00	140.00	1.50	0.00
Ketchup - SR1004 (1 pump)	10	40.00	0.00	0.00	320.00	10.00	0.00
Margarine Cup - NER1046 (50 ea.)	0	1500.00	175.00	37.50	1875.00	0.00	0.00
Light Mayo - SR1005 (1 tbsp.)	10	45.00	4.00	0.50	130.00	2.00	0.00
Yellow Mustard - SR1603 (1 pump)	10	0.00	0.00	0.00	180.00	0.00	0.00
Light Ranch Dressing - SR1003 (1 tbsp.)	10	25.00	1.75	0.25	185.00	2.50	0.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event
 Serving Group: K-5
 Nutrients Option: Expanded