

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 2 Day 1 Jan - ServingDate: 01/08/2018							
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	480.08	26.00	9.00
String Cheese - SR1146 (1 stick.)	10	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	7	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	10	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	10	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	300.00	40.00	5.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00

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SY 17-18 CH Breakfast Week 2 Day 1 Jan - ServingDate: 01/08/2018							
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	3.94	12.75	0.34
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 2 Day 2 Jan - ServingDate: 01/09/2018							
Egg & Cheese Croissant - NER1011 (1 sandwich)	25	390.00	21.50	11.00	825.00	35.00	13.50
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	13	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 2 Day 2 Jan - ServingDate: 01/09/2018							
Graham Crackers - SR1163 (1 pkg.)	22	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	15	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	5	99.92	0.16	0.02	9.83	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 2 Day 3 Jan - ServingDate: 01/10/2018							
String Cheese - SR1146 (1 stick.)	40	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	6	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 2 Day 3 Jan - ServingDate: 01/10/2018							
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	6	110.00	1.00	0.00	180.00	23.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	8.00	2.00	300.00	40.00	5.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	0	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

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SY 17-18 CH Breakfast Week 2 Day 4 Jan - ServingDate: 01/11/2018							
Ham, Egg, & Cheese Biscuit - NER1399 (1 sandwich)	0	310.00	16.63	9.88	787.50	28.75	11.50
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	1	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	0	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00

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SY 17-18 CH Breakfast Week 2 Day 4 Jan - ServingDate: 01/11/2018							
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	0	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 2 Day 5 Jan - ServingDate: 01/12/2018							
String Cheese - SR1146 (1 stick.)	35	80.00	6.00	3.50	150.00	1.00	7.00
Apple Frudel Stick - SR1747 (1 pkg.)	0	210.00	6.00	1.00	260.00	36.00	5.00
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	1.00	0.50	160.00	24.00	2.00
Blueberry Mini Pancake Bites - SR1190 (1 pkg.)	0	210.00	6.00	1.00	310.00	35.00	4.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cherry Frudel Stick - SR1491 (1 pkg.)	0	210.00	6.00	1.00	260.00	37.00	5.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00

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SY 17-18 CH Breakfast Week 2 Day 5 Jan - ServingDate: 01/12/2018							
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Mini Pancake Bites - SR1590 (1 pkg.)	0	210.00	6.00	1.00	320.00	35.00	4.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	5	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 3 Day 1 Jan - ServingDate: 01/15/2018							
Ham & Cheese English Muffin - NER1207 (1 sandwich)	40	205.00	5.88	2.63	525.00	28.75	9.75
String Cheese - SR1146 (1 stick.)	15	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	1	110.00	1.00	0.50	160.00	24.00	2.00

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SY 17-18 CH Breakfast Week 3 Day 1 Jan - ServingDate: 01/15/2018							
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	15	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	2	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	2	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	30	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Pineapple Tidbits - SR1495 (1/2 c.)	5	71.56	0.10	0.01	1.19	18.73	0.50
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00

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SY 17-18 CH Breakfast Week 3 Day 1 Jan - ServingDate: 01/15/2018							
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 3 Day 2 Jan - ServingDate: 01/16/2018							
Breakfast on a Stick - SR1187 (1 serving)	0	168.44	7.93	1.98	297.25	17.84	7.93
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00

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SY 17-18 CH Breakfast Week 3 Day 2 Jan - ServingDate: 01/16/2018							
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 3 Day 3 Jan - ServingDate: 01/17/2018							
Crispy Bacon Breakfast Boat - NER1008 (1 ea.)	0	210.00	8.00	2.50	360.00	25.00	9.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	0	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	0	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	9	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 3 Day 3 Jan - ServingDate: 01/17/2018							
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	50	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	2	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Red Seedless Grapes - SR1496 (1/2 c.)	5	62.60	0.14	0.05	1.81	16.42	0.65
Strawberries - NER1161 (1/2 c.)	5	26.80	0.00	0.00	1.38	6.93	0.33
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 3 Day 4 Jan - ServingDate: 01/18/2018							
Breakfast Bagel Sandwich - SR1644 (1 sandwich)	0	265.00	8.00	3.50	490.00	36.00	12.50
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 3 Day 4 Jan - ServingDate: 01/18/2018							
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	5	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	25	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	3	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	5	99.92	0.16	0.02	9.83	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 3 Day 4 Jan - ServingDate: 01/18/2018							
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 3 Day 5 Jan - ServingDate: 01/19/2018							
String Cheese - SR1146 (1 stick.)	20	80.00	6.00	3.50	150.00	1.00	7.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	10	100.00	0.50	0.50	50.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	10	100.00	0.50	0.50	50.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	5	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	1	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	1	110.00	1.50	0.00	120.00	25.00	2.00
French Toast Sticks - SR1910 (3 stick.)	0	190.92	7.34	1.47	220.29	27.90	4.41
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	20	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 3 Day 5 Jan - ServingDate: 01/19/2018							
GF Lucky Charms - NER1341 (1 ea.)	5	110.00	1.00	0.00	180.00	23.00	2.00
Original French Toast Mini's - SR1205 (1 pkg.)	0	210.00	5.00	1.50	240.00	37.00	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	5	105.02	0.39	0.13	1.18	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 4 Day 1 Jan - ServingDate: 01/22/2018							
Hearty Breakfast Taco - NER1158 (2 tacos)	50	507.93	23.92	7.81	1019.07	40.50	29.22
String Cheese - SR1146 (1 stick.)	50	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 1 Jan - ServingDate: 01/22/2018							
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	10	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	20	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	3.94	12.75	0.34
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 1 Jan - ServingDate: 01/23/2018							
Hearty Breakfast Taco - NER1158 (2 tacos)	50	507.93	23.92	7.81	1019.07	40.50	29.22
String Cheese - SR1146 (1 stick.)	50	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	3	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	3	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	3	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	10	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	20	180.00	2.50	1.00	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	3	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 1 Jan - ServingDate: 01/23/2018							
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	5	49.27	0.07	0.00	3.94	12.75	0.34
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 4 Day 3 Jan - ServingDate: 01/24/2018							
String Cheese - SR1146 (1 stick.)	50	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Mini Waffles - SR1594 (1 pkg.)	50	210.00	6.00	1.00	320.00	35.00	4.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	7	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	2	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 3 Jan - ServingDate: 01/24/2018							
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	5	65.00	0.00	0.00	5.42	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	5	45.12	0.12	0.01	0.00	11.28	0.90
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 4 Day 4 Jan - ServingDate: 01/25/2018							
Sausage and Cheese Croissant - NER1159 (1 sandwich)	50	355.00	18.75	9.75	627.50	34.00	14.25
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	7	110.00	1.50	0.00	120.00	25.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 4 Jan - ServingDate: 01/25/2018							
Animal Crackers - NER1228 (1 ea.)	40	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	5	99.92	0.16	0.02	9.83	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 4 Day 5 Jan - ServingDate: 01/26/2018							
Breakfast Kidzables - NER1033 (1 Box)	20	458.33	20.00	10.55	564.99	47.06	22.03
Sausage Breakfast Pizza - SR1167 (1 slice)	0	210.03	7.00	2.00	480.08	26.00	9.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 5 Jan - ServingDate: 01/26/2018							
String Cheese - SR1146 (1 stick.)	40	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	1	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	1	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	5	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	1	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	6	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	1	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	5	55.51	0.13	0.01	2.64	14.89	0.23
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 4 Day 5 Jan - ServingDate: 01/26/2018							
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 5 Day 1 Jan - ServingDate: 01/29/2018							
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	150.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	4	100.00	2.00	0.50	140.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	4	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	3	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	2	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Oatmeal Chocolate Chip Breakfast Round - SR1173 (1 pkg.)	0	270.00	8.00	2.50	180.00	44.00	5.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	20	80.00	0.00	0.00	10.00	19.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 5 Day 1 Jan - ServingDate: 01/29/2018							
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	11.28	0.90
Chilled Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	3.94	12.75	0.34
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 5 Day 2 Jan - ServingDate: 01/30/2018							
Sausage Breakfast Boat - NER1007 (1 ea.)	0	200.00	7.00	2.00	320.00	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	8	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	2	100.00	2.00	0.50	140.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	0	320.00	15.00	7.00	270.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	2	150.00	3.50	0.00	115.00	30.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	2	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	8	110.00	1.50	0.00	120.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	50	127.09	3.91	0.98	107.53	20.53	1.96
Froot Loops - NER1002 (1 ea.)	4	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	1	100.00	0.00	0.00	160.00	24.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 5 Day 2 Jan - ServingDate: 01/30/2018							
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	8	110.00	1.00	0.00	180.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	0	270.16	11.01	3.00	230.13	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	1	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	1	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	5	52.70	0.66	0.06	1.03	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	30	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
use SR1161 - Apple - NER1343 (1 ea.)	5	53.00	0.17	0.03	1.00	13.95	0.26
1% Milk - NER1334 (1 ea.)	30	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	30	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 CH Breakfast Week 5 Day 3 Jan - ServingDate: 01/31/2018							
Apple Jacks Cereal - SR1360 (1 bowl)	10	110.00	1.00	0.50	160.00	24.00	2.00
Cheerios Bowl - SR1160 (1 bowl)	4	100.00	2.00	0.50	140.00	20.00	3.00
Chocolate Croissant - NER1432 (1 ea.)	0	(M)	(M)	(M)	(M)	(M)	(M)
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	2	150.00	3.50	0.00	115.00	30.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL

Date: 01/01/2018 - 01/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 CH Breakfast Week 5 Day 3 Jan - ServingDate: 01/31/2018							
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	2	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	2	150.00	3.00	0.00	100.00	30.00	3.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	3	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	2	100.00	0.00	0.00	160.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	50	90.00	2.50	0.00	100.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	1	124.01	1.03	0.00	196.35	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	2	150.00	3.50	0.50	100.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	2	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	30	60.00	0.00	0.00	5.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	0	55.51	0.13	0.01	2.64	14.89	0.23
Grape Juice - SR1607 (4 fl oz cup)	25	80.00	0.00	0.00	10.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	30	60.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	5	59.11	0.04	0.00	5.37	15.54	0.85
1% Milk - NER1334 (1 ea.)	35	110.00	2.50	1.50	130.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	40	120.00	0.00	0.00	180.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	25	90.00	0.00	0.00	130.00	13.00	8.00

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - January, 2018

Site: ALL
Date: 01/01/2018 - 01/31/2018

Report Selections

Meal Type: Breakfast
Site Group: The Clubhouse
Menu Line: BRKFST-Café Classics
Serving Group: K-5
Nutrients Option: Expanded