

# Millard Public Schools

## WEEK 1

### October 29- Nov 2, 2018

Our menus are aligned with the USDA's  
"Healthier US School Challenge."



### THIS WEEK'S DAILY SPECIALS *Sub/Wrap Meal Kits Daily*

**MONDAY-** Chicken BLT Salad w/ Roll\*, Southwest Wrap

**TUESDAY-** Chef Salad w/ Roll\*, Cheese BLT Sub\*

**WEDNESDAY-** Fruit Bowl w/ Bagel, Ham & Swiss Sandwich\*

**THURSDAY-** Spicy Chicken Salad w/ Roll, Sun Butter and Jelly Sandwich

**FRIDAY-** Blueberry Parfait, Turkey and Cheese Sub



### THIS WEEK FEATURING:

### DAILY SPECIALS

**MONDAY** Orange Chicken w/ Rice

**TUESDAY** Walking Taco

**WEDNESDAY** Turkey, Mashed Potatoes, Gravy and Roll

**THURSDAY** Crispito w/ Chips and Cheese Sauce

**FRIDAY** Garlic Parmesan Chicken Pasta



## Wing Bar w/ Pretzel



### EVERYDAY CHOICE Cheese and Pepperoni

*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*

### THIS WEEK'S DAILY SPECIALS

**MONDAY** BBQ Chicken Flatbread  
**TUESDAY** Supreme\*Flatbread  
**WEDNESDAY** Taco Flatbread  
**THURSDAY** Meat Lovers\* Flatbread  
**FRIDAY** Bacon\*, Egg and Cheese Flatbread



### EVERYDAY CHOICES Hamburger & Cheeseburger Served Daily

### THIS WEEK'S DAILY SPECIALS

**MONDAY-** Greek Turkey Gyro  
**TUESDAY -** Chicken or Spicy Chicken Patty  
**WEDNESDAY-** Corn Dog  
**THURSDAY-** Chicken or Spicy Chicken Patty  
**FRIDAY-** Taco Joe



Smart Pick

*Pork Products are denoted with a \* behind them.*