

Millard Public Schools

WEEK 1

October 1-5, 2018

Our menus are aligned with the USDA's
"Healthier US School Challenge."



THIS WEEK'S DAILY SPECIALS *Sub/Wrap Meal Kits Daily*

MONDAY- Chicken BLT Salad w/ Roll*, Southwest Wrap

TUESDAY- Chef Salad w/ Roll*, Cheese BLT Sub*

WEDNESDAY- Fruit Bowl w/ Bagel, Ham & Swiss Sandwich*

THURSDAY- Spicy Chicken Salad w/ Roll, Sun Butter and Jelly Sandwich

FRIDAY- Blueberry Parfait, Turkey and Cheese Sub



THIS WEEK FEATURING:

DAILY SPECIALS

MONDAY Chicken Parmesan w/ Spaghetti

TUESDAY Walking Taco

WEDNESDAY Mini Corndogs and Oven Fries

THURSDAY Teriyaki Beef w/ Rice

FRIDAY Popcorn Chicken Bowl & Roll



Overslept



EVERYDAY CHOICE Cheese and Pepperoni

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.

THIS WEEK'S DAILY SPECIALS

MONDAY BBQ Chicken Flatbread
TUESDAY Supreme*Flatbread
WEDNESDAY Taco Flatbread
THURSDAY Meat Lovers* Flatbread
FRIDAY Margherita Flatbread



EVERYDAY CHOICES Hamburger & Cheeseburger Served Daily

THIS WEEK'S DAILY SPECIALS

MONDAY- Western Burger
TUESDAY - Chicken or Spicy Chicken Patty
WEDNESDAY- Jersey Shore Grilled Cheese
THURSDAY- Chicken or Spicy Chicken Patty
FRIDAY- Meatball Sub



Smart Pick *Pork Products are denoted with a * behind them.*