

# Middle School Breakfast

## September 24-28, 2018

### Week 4

#### Monday

Egg and Cheese Biscuit  
French Toast Sticks  
Muffin & Yogurt  
Cereal or Cereal Bar and Cheese  
Stick/Toast

#### Tuesday

Mini Waffles  
Eggs, Bacon and Toast\*  
Cereal or Cereal Bar & Animal Crackers  
Mini Donuts

#### Wednesday

Sausage, Egg & Cheese Croissant\*  
Benefit Bar®  
Blueberry Parfait  
Cereal /Cereal Bar & Cheese Stick/  
Toast

#### Thursday

Biscuits and Gravy\*  
Egg and Cheese Bagel  
Mini Donuts  
Cereal or Cereal Bar & Grahams

#### Friday

Mini Cinni's  
Breakfast Pizza Flatbread\*  
Fruit Frudel  
Cereal or Cereal Bar & Cheese  
Stick/Toast

#### Variety of Fruits Offered Daily



#### BEVERAGES

Non- Fat Chocolate  
1% White Milk  
Skim White Milk

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