



Middle School Breakfast
September 18-22, 2017
Week 3



Monday

Mini French Toast
Egg and Cheese Croissant
Cereal or Cereal Bar w/ Cheese Stick
Blueberry Parfait

Tuesday

Dutch Waffles
Breakfast Boat*
Mini Donuts
Cereal or Cereal Bar w/ Animal Crackers

Wednesday

Eggs, Bacon* and Toast
Ham and Cheese Croissant*
Double Chocolate Muffin & Cheese Stick
Cereal or Cereal Bar and Cheese Stick

Thursday

Biscuits and Gravy*
Sausage* and Cheese Croissant
Mini Donuts
Cereal or Cereal Bar and Grahams

Friday

Mini Bagels
Flatbread Breakfast Pizza*
Pop Tart and Cheese Stick
Cereal or Cereal Bar and Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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