



Middle School Breakfast  
October 8-12, 2018  
Week 2



Monday

**Fruit Frudel**  
**Ham and Egg Flatbread\***  
**Pop Tart® and Cheese Stick or Toast**  
**Cereal or Cereal Bar and Cheese Stick**

Tuesday

**Dutch Waffle**  
**Egg and Cheese English Muffin**  
**Cereal or Cereal Bar & Scooby Grahams**  
**Mini Donuts**

Wednesday

**Sausage Breakfast Boat\***  
**Mini Bagels**  
**Double Berry Parfait**  
**Cereal /Cereal Bar & Cheese Stick or Toast**

Thursday

**Breakfast Taco\***  
**Bacon, Egg and Cheese Biscuit\***  
**Mini Donuts**  
**Cereal or Cereal Bar and Animal Crackers**

Friday

**Breakfast Pizza\***  
**Mini Cinni's**  
**Benefit Bar®**  
**Cereal or Cereal Bar and Cheese Stick or Toast**

Variety of Fruits Offered Daily



**BEVERAGES**

**Non- Fat Chocolate**  
**1% White Milk**  
**Skim White Milk**

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