



Middle School Breakfast

October 30- Nov 3, 2017

Week 1



Monday

Dutch Waffle
Sausage, Egg and Cheese Flatbread*
Poptart® & Cheese Stick
Cereal or Cereal Bar w/ Cheese Stick

Tuesday

Flatbread Breakfast Pizza*
Egg and Cheese English Muffin
Cereal or Cereal Bar w/ Grahams
Mini Donuts

Wednesday

Breakfast Boat*
Whole Grain Muffin
Mini Bagels
Cereal or Cereal Bar w/ Cheese Stick

Thursday

Pancakes on a Stick
Bacon* Egg and Cheese Croissant
Mini Donuts
Cereal or Cereal Bar w/ Animal Crackers

Friday

Mini Cinni's
Ham, Egg and Cheese English Muffin*
Double Chocolate Muffin and Cheese Stick
Cereal or Cereal Bar and Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Non-discrimination Statement

The United State Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, or marital or family status. To file a complaint of discrimination, call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.