

Middle School Breakfast

October 29- Nov 2, 2018

Week 5

Monday

Dutch Waffle
Sausage, Egg and Cheese Flatbread*
Poptart® and Cheese Stick
Cereal or Cereal Bar w/ Cheese Stick

Tuesday

Ham and Egg Flatbread*
Egg and Cheese English Muffin
Cereal or Cereal Bar w/ Grahams
Mini Donuts

Wednesday

Pancake on a Stick*
Double Berry Parfait
Mini Bagels
Cereal or Cereal Bar w/ Cheese Stick

Thursday

Fruit Frudel
Bacon* Egg and Cheese Croissant
Mini Donuts
Cereal or Cereal Bar w/ Animal Crackers

Friday

Mini Cinni's
Ham, Egg and Cheese English Muffin*
Double Chocolate Muffin & Cheese Stick
Cereal or Cereal Bar & Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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