



Middle School Breakfast

October 23-27, 2017

Week 4



Monday

Banana Bread
Ham and Swiss Bagel*
Cereal or Cereal Bar and Cheese Stick
Bagel and Cream Cheese

Tuesday

Breakfast Taco*
Sausage* and Egg Biscuit
Mini Donuts
Cereal or Cereal Bar w/ Grahams

Wednesday

Mini Waffles
Bacon* and Cheese Toaster
Cinnamon Roll
Cereal or Cereal Bar and Cheese Stick

Thursday

Cereal or Cereal Bar and Animal Crackers
Bacon* Breakfast Pizza
Ham, Egg and Cheese Bagel*
Mini Donuts

Friday

Fruit Frudel
Sausage and Cheese English Muffin*
Chocolate Muffin and Yogurt
Cereal or Cereal Bar and Yogurt

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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