



Middle School Breakfast October 2-6, 2017 Week 1



Monday

Fruit Frudel
Ham and Egg Flatbread*
Poptart® & Cheese Stick
Cereal or Cereal Bar w/ Cheese Stick

Tuesday

Dutch Waffle
Egg and Cheese English Muffin
Cereal or Cereal Bar w/ Grahams
Mini Donuts

Wednesday

Sausage Breakfast Boat*
Whole Grain Muffin
Mini Bagels
Cereal or Cereal Bar w/ Cheese Stick

Thursday

Breakfast Taco*
Bacon* Egg and Cheese Biscuit
Mini Donuts
Cereal or Cereal Bar w/ Animal Crackers

Friday

Mini Cinni's
Breakfast Pizza*
Double Chocolate Muffin and Cheese Stick
Cereal or Cereal Bar and Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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