

# Middle School Breakfast November 5-9, 2018 Week 1

## Monday

**French Toast Sticks**  
**Sausage, Egg and Cheese Biscuit\***  
**Pop Tart® and Cheese Stick**  
**Cereal or Cereal Bar w/ Cheese Stick**

## Tuesday

**Eggs, Bacon\* and Toast**  
**Egg and Cheese English Muffin**  
**Cereal or Cereal Bar and Grahams**  
**Mini Donuts**

## Wednesday

**Pancake on a Stick**  
**Double Berry Parfait**  
**Mini Bagels**  
**Cereal or Cereal Bar w/ Cheese Stick**

## Thursday

**French Toast Benefit Bar®**  
**Bacon\* Egg and Cheese Croissant**  
**Mini Donuts**  
**Cereal or Cereal Bar w/ Animal Crackers**

## Friday

**Mini Cinni's**  
**Ham, Egg and Cheese English Muffin\***  
**Double Chocolate Muffin & Cheese Stick**  
**Cereal or Cereal Bar & Cheese Stick**

## Variety of Fruits Offered Daily



## **BEVERAGES**

**Non- Fat Chocolate**  
**1% White Milk**  
**Skim White Milk**

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