



Middle School Breakfast
November 26-30, 2018
Week 4



Monday

Ham, Egg and Cheese Biscuit
French Toast Sticks
Muffin & Yogurt
Cereal or Cereal Bar and Cheese
Stick/Toast

Tuesday

Mini Waffles
Eggs, Bacon and Toast*
Cereal or Cereal Bar & Animal Crackers
Mini Donuts

Wednesday

Sausage, Egg & Cheese Croissant*
French Toast Benefit Bar®
Blueberry Parfait
Cereal /Cereal Bar & Cheese Stick/
Toast

Thursday

Biscuits and Gravy*
Egg and Cheese Bagel
Mini Donuts
Cereal or Cereal Bar & Grahams

Friday

Mini Cinni's
Sausage, Egg and Cheese Flatbread*
Fruit Frudel
Cereal or Cereal Bar & Cheese
Stick/Toast

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Non-discrimination Statement

The United State Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, or marital or family status. To file a complaint of discrimination, call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.