



Middle School Breakfast

January 14-18, 2019

Week 2



Monday

Fruit Frudel
Ham and Egg Flatbread*
Pop Tart® and Cheese Stick or Toast
Cereal or Cereal Bar and Cheese Stick

Tuesday

Dutch Waffle
Egg and Cheese English Muffin
Cereal or Cereal Bar & Scooby Grahams
Mini Donuts

Wednesday

Sausage Breakfast Boat*
Mini Bagels
Double Berry Parfait
Cereal /Cereal Bar & Cheese Stick or Toast

Thursday

Breakfast Taco*
Bacon, Egg and Cheese Biscuit*
Mini Donuts
Cereal or Cereal Bar and Animal Crackers

Friday

Breakfast Pizza*
Mini Cinni's
Benefit Bar®
Cereal or Cereal Bar and Cheese Stick or Toast

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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