



Middle School Breakfast

August 27-31, 2018

Week 4



Monday

Egg and Cheese Bagel
Pancakes on a Stick
Muffin & Cheese Stick/Toast
Cereal or Cereal Bar and Cheese Stick/Toast

Tuesday

Mini Waffles
Breakfast Boat*
Cereal or Cereal Bar & Animal Crackers
Mini Donuts

Wednesday

Sausage, Egg & Cheese Croissant*
Eggs, Bacon & Toast*
Blueberry Parfait
Cereal /Cereal Bar & Cheese Stick/Toast

Thursday

Biscuits and Gravy*
Ham, Egg and Cheese Biscuit*
Mini Donuts
Cereal or Cereal Bar & Grahams

Friday

Mini Cinni's
Sausage, Egg and Cheese Flatbread*
Poptart® & Cheese Stick or Toast
Cereal or Cereal Bar & Cheese Stick/Toast

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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