



High School January 15-19, 2018 Week 3



MARKET


EVERYDAY CHOICES

Specialty Salads
Variety Protein or Vegetarian Wraps
Daily Featured Salads

SALSA

Monday-
Tuesday- Crispito w/ Chips and Cheese
Wednesday- Breakfast Burrito
Thursday- Walking Taco
Friday- Cheese or Pork* Quesadilla

CREATIONS



Pasta Bar

GRILL

**EVERYDAY CHOICES
BUILT TO ORDER**

Hamburgers
Cheeseburgers
Chicken Patty Sandwich
Specialty Sandwiches

PIZZA

EVERYDAY CHOICES

Cheese and Pepperoni
Daily Specialty Flatbreads

SIDES OFFERED DAILY WITH LUNCH CHOICES

Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Oranges, Garden Salad Greens and Low Fat or Fat Free Milk

FAVORITES

| | | | | |
|-------------------|--|---|--------------------------------|--|
| 1/15 No School | 1/16 Grilled Cheese and Tomato Soup | 1/17 Roast Beef, Mashed Potatoes, Gravy and Roll | 1/18 Chili w/ Cinnamon Roll | 1/19 Teriyaki Beef Stir fry w/ Rice |
|-------------------|--|---|--------------------------------|--|

DELI

Assorted Meats and Cheeses
Fresh Baked Bread
Assortment of Toppings

BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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