



High School Breakfast September 24-28, 2018 Week 4



Monday

**Muffin Monday- Blueberry
Sausage and Cheese Croissant*
Bagel and Cream Cheese
Cereal or Cereal Bar & Cheese Stick**

Tuesday

**Strawberry Pineapple Smoothie w/
Muffin
Bacon, Egg and Cheese English Muffin
Mini Donuts
Cereal or Cereal Bar with Yogurt**

Wednesday

**Mini Waffles
Biscuits and Gravy w/ Sausage*
Double Berry Parfait
Cereal or Cereal Bar and Toast**

Thursday

**Mini Donuts
Breakfast Totchos
Cereal or Cereal Bar and Yogurt
French Toast Benefit Bar®**

Friday

**Mini Donuts
Cereal or Cereal Bar w/ Grahams
Flatbread Friday*
Frappuccino**

Variety of Fruits Offered Daily



BEVERAGES

**Non- Fat Chocolate
1% White Milk
Skim White Milk**

Self- Service Waffles Available Daily

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