



High School Breakfast December 18-22, 2017 Week 4



Monday

**Muffin Monday- Apple Cinnamon
Sausage and Cheese Croissant*
Cereal or Cereal Bar & Grahams**

Tuesday

*****Tasty Tuesday***
Mango Pineapple Smoothie w/ Muffin
Egg and Cheese English Muffin
Mini Donuts
Cereal or Cereal Bar with Toast**

Wednesday

**Cinnamon Roll
Cheesy Eggs, and a Biscuit
Strawberry Parfait
Cereal or Cereal Bar w/ Cheese Stick**

Thursday

**Mini Donuts
Cereal or Cereal Bar and Yogurt
Breakfast Burrito***

Friday

**Flatbread Friday*
Cereal or Cereal Bar w/ Cheese Stick**

Variety of Fruits Offered Daily



BEVERAGES

**Non- Fat Chocolate
1% White Milk
Skim White Milk**

Self- Service Waffles Available Daily

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