



High School Breakfast  
October 16-20, 2017  
Week 3



Monday

**Muffin Monday**  
Ham and Cheese English Muffin\*  
Cereal or Cereal Bar and Cheese Stick  
Bagel and Cream Cheese

Tuesday

**\*\*\*Tasty Tuesday\*\*\***  
**Smoothie with Muffin**

Mini Donuts  
Cereal or Cereal Bar and Toast

Wednesday

No School

Thursday

No School

Friday

No School

Variety of Fruits Offered Daily



**BEVERAGES**

**Non- Fat Chocolate**  
**1% White Milk**  
**Skim White Milk**

**Self- Service Waffles Available Daily**

**Non-discrimination Statement**

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