



High School Breakfast

October 15-19, 2018

Week 3



Monday

Apple Cinnamon Muffin
Bacon, Egg and Cheese Croissant*
Chocolate Crescent
Cereal or Cereal Bar and Grahams
Nutrigrain Bar® w/ Grahams
Poptart® w/ Grahams

Tuesday

Tropical Smoothie with Muffin
Sausage and Cheese English Muffin*
Mini Donuts
Cereal or Cereal Bar and Toast
Nutrigrain Bar® w/ Toast
Poptart® w/ Toast

Wednesday



Thursday



Friday



Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

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