



# High School Breakfast November 19-23, 2018 Week 3



## Monday

**Apple Cinnamon Muffin**  
**Bacon, Egg and Cheese Croissant\***  
**Chocolate Crescent**  
**Cereal or Cereal Bar and Grahams**

## Tuesday

**Tropical Smoothie with Muffin**  
**Sausage and Cheese English Muffin\***  
**Mini Donuts**  
**Cereal or Cereal Bar and Toast**

## Wednesday



Thanksgiving Break  
No School

## Thursday



Thanksgiving Break  
No School

## Friday



Thanksgiving Break  
No School

## Variety of Fruits Offered Daily



## BEVERAGES

**Non- Fat Chocolate**  
**1% White Milk**  
**Skim White Milk**

**Self- Service Waffles Available Daily**

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