



High School Breakfast
January 21-25, 2019
Week 3



Monday

Apple Cinnamon Muffin
Bacon, Egg and Cheese Croissant*
Chocolate Crescent
Cereal or Cereal Bar and Grahams

Tuesday

Tropical Smoothie with Muffin
Sausage and Cheese English Muffin*
Mini Donuts
Cereal or Cereal Bar and Toast

Wednesday

Mini Cinni's
Cheesy Eggs and a Biscuit
Blueberry Parfait
Cereal or Cereal Bar and Cheese Stick

Thursday

Breakfast Burrito*
Mini French Toast
Mini Donuts
Cereal or Cereal Bar and Yogurt

Friday

Flatbread Friday*
Frappe Friday- Caramel
Mini Donuts
Cereal or Cereal Bar and Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

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