



High School Breakfast December 17-21, 2018 Week 3



Monday

Apple Cinnamon Muffin
Bacon, Egg and Cheese Croissant*
Chocolate Crescent
Cereal or Cereal Bar and Grahams

Tuesday

Tropical Smoothie with Muffin
Sausage and Cheese English Muffin*
Mini Donuts
Cereal or Cereal Bar and Toast

Wednesday

Mini Cinni's
Cheesy Eggs and a Biscuit
Blueberry Parfait
Cereal or Cereal Bar and Cheese Stick

Thursday

Ham, Egg and Cheese Bagel*
Mini French Toast
Mini Donuts
Cereal or Cereal Bar and Yogurt

Friday

Flatbread Friday*
Frappe Friday- Pumpkin Spice
Mini Donuts
Cereal or Cereal Bar and Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

Non-discrimination Statement

The United State Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, or marital or family status. To file a complaint of discrimination, call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.