



High School Breakfast December 11-15, 2017 Week 3



Monday

Muffin Monday
Ham and Cheese English Muffin*
Cereal or Cereal Bar and Cheese Stick
Bagel and Cream Cheese

Tuesday

*****Tasty Tuesday*****
Dreamy Peach Smoothie with Muffin
Bacon* and Cheese Toaster
Mini Donuts
Cereal or Cereal Bar and Toast

Wednesday

Blueberry Mini Bread Loaf
Egg and Cheese Biscuit
Cereal/ Cereal Bar and Grahams

Thursday

Ham Skillet*
Mini Donuts
Cereal or Cereal Bar and Yogurt

Friday

Flatbread Friday*
Cereal or Cereal Bar and Cheese Stick
Mini Donuts

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

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