



# High School Breakfast

## August 20-24, 2018

### Week 3



#### Monday

**Blueberry Muffin**  
**Ham and Cheese English Muffin\***  
**Bagel and Cream Cheese**  
**Cereal or Cereal Bar and Cheese Stick**

#### Tuesday

**Dreamy Peach Smoothie with Muffin**  
**Sausage Pancake on a Stick\***  
**Mini Donuts**  
**Cereal or Cereal Bar and Toast**

#### Wednesday

**Blueberry Mini Loaf Bread**  
**Egg and Cheese Biscuit**  
**Cereal/ Cereal Bar and Grahams**



#### Thursday

**Ham Skillet\***  
**Mini Donuts**  
**Cereal or Cereal Bar and Yogurt**

#### Friday

**Flatbread Friday\***  
**Cereal or Cereal Bar and Cheese Stick**  
**Mini Donuts**

#### Variety of Fruits Offered Daily



#### BEVERAGES

**Non- Fat Chocolate**  
**1% White Milk**  
**Skim White Milk**

**Self- Service Waffles Available Daily**

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