



High School Breakfast

October 8-12, 2018

Week 2



Monday

Blueberry Muffin
Ham and Cheese English Muffin*
Bagel w/ Cream Cheese
Cereal or Cereal Bar & Cheese Stick
Nutrigrain Bar® w/ Cheese Stick
Poptart® w/ Cheese Stick

Tuesday

Dreamy Peach Smoothie w/ Muffin
Cereal or Cereal Bar and Toast
Mini Donuts
Sausage Pancake on a Stick*
Nutrigrain Bar® w/ Toast
Poptart® w/ Toast

Wednesday

Cinnamon Roll
Egg and Cheese Biscuit
Strawberry Parfait
Cereal or Cereal Bar w/ Grahams
Nutrigrain Bar® w/ Grahams
Poptart® w/ Grahams

Thursday

French Toast Sticks w/ Scrambled Eggs
Benefit Bars®
Mini Donuts
Cereal or Cereal Bar & Yogurt
Nutrigrain Bar® w/ Yogurt
Poptart® w/ Yogurt

Friday

Flatbread Friday*
Frappucino Pumpkin Spice
Mini Donuts
Cereal or Cereal Bar & Cheese Stick
Nutrigrain Bar® w/ Cheese Stick
Poptart® w/ Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

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