



High School Breakfast

December 4-8, 2017

Week 2



Monday

Muffin Monday
Sausage and Cheese Croissant*
Bagel w/ Cream Cheese
Cereal or Cereal Bar & Cheese Stick

Tuesday

Strawberry Banana Smoothie w/ Muffin
Cereal or Cereal Bar and Yogurt
Mini Donuts
Ham, Egg and Cheese English Muffin*

Wednesday

Egg & Cheese Flatbread
Cinnamon Roll
Double Chocolate Muffin w/ Cheese Stick
Cereal or Cereal Bar w/ Toast

Thursday

Strawberry Pineapple Smoothie w/ Muffin
Cereal or Cereal Bar with Cheese Stick
Mini Donuts
Bacon*, Egg and Cheese Biscuit

Friday

Flatbread Friday

Cereal or Cereal Bar with Grahams
Mini Donuts

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

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