



High School Breakfast December 10-14, 2018 Week 2



Monday

Blueberry Muffin
Ham and Cheese English Muffin*
Bagel w/ Cream Cheese
Cereal or Cereal Bar & Cheese Stick

Tuesday

Dreamy Peach Smoothie w/ Muffin
Cereal or Cereal Bar and Toast
Mini Donuts
Sausage Pancake on a Stick*

Wednesday

Cinnamon Roll
Egg and Cheese Biscuit
Strawberry Parfait
Cereal or Cereal Bar w/ Grahams

Thursday

French Toast Sticks w/ Scrambled Eggs
Benefit Bars®
Mini Donuts
Cereal or Cereal Bar & Yogurt

Friday

Flatbread Friday*
Frappe Friday- Pumpkin Spice
Mini Donuts
Cereal or Cereal Bar & Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

Self- Service Waffles Available Daily

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