



High School Breakfast

October 2-6, 2017

Week 1



Monday

Muffin Monday
Sausage and Cheese Croissant*
Cereal/ Cereal Bar w/ Cheese Stick

Tuesday

**Tasty Tuesday-
Smoothie w/ Muffin**
Mini Donuts
Bacon* Egg and Cheese English Muffin
Cereal/ Cereal Bar w/ Yogurt

Wednesday

Breakfast Pizza*
Biscuits and Gravy w/ Sausage*
Bagel and Cream Cheese
Cereal/ Cereal Bar w/ Toast

Thursday

Breakfast Taco
Oatmeal Round
Mini Donuts
Cereal or Cereal Bar w/ Yogurt

Friday

Flatbread Friday
Mini Donuts
Cereal/ Cereal Bar w/ Cheese Stick

Variety of Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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