



# High School Breakfast

January 29- Feb 2, 2018  
Week 1



## Monday

**Muffin Monday**  
Sausage and Cheese Flatbread\*  
Cereal/ Cereal Bar w/ Cheese Stick

## Tuesday

**Strawberry Banana Smoothie w/ Muffin**  
Mini Donuts  
Bacon\* Egg and Cheese English Muffin  
Cereal/ Cereal Bar w/ Yogurt

## Wednesday

Sausage Pancake on a Stick\*  
Breakfast Taco\*  
Bagel and Cream Cheese  
Cereal/ Cereal Bar w/ Toast

## Thursday

**Egg and Cheese Croissant**  
Biscuits and Gravy\*  
Mini Donuts  
Cereal or Cereal Bar w/ Yogurt

## Friday

Flatbread Friday\*  
Mini Donuts  
Cereal/ Cereal Bar w/ Grahams

## Variety of Fruits Offered Daily



## BEVERAGES

Non- Fat Chocolate  
1% White Milk  
Skim White Milk

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